

Virtual Support Groups by Meeting Day and Time

5/9/24
 Below are all ThyCa Support Groups that meet virtually. For details about any of the meetings, please go to the support group's individual webpage, accessible from

Meeting Day	Meeting Time (Eastern Time)	Support Group Name	Email Contact	Facilitators
1st Saturday	1:00-3:00pm	South Bay LA, CA	southbay-ca@thyca.org	Candy Crimin/Jeff Hall
1st Tuesday	7:00-8:00pm	Troy, MI	troy-mi@thyca.org	Gwynne Bambach
1st Tuesday	7:30-9:30pm	Bucks County, PA	buckscounty-pa@thyca.org	Angel Conicelli (excluding July)
1st Wednesday	7:30-9:30pm	Manhattan, NY	manhattan-ny@thyca.org	Arlene Bregman/Megan Rau
1st Thursday	6:30-7:30pm	Bergen County, NJ	bergencounty-nj@thyca.org	Larry Donnelly /Karen Klein
1st Thursday	8:00-10:00pm	Madison, WI	madison-wi@thyca.org	Tim Lau/Joanna Forstrom
1st Thursday	8:00-9:30pm	Medullary	medullary-sig@thyca.org	Kelley Pratt/Sarah Mountford/Bill Nelson
2nd Monday	8:00-9:00pm	Teens	teens-sig@thyca.org	Brittany Avin McKelvey/Alisa Erck/Julia Zalta
2nd Tuesday	7:00pm	Tucson, AZ	tucson-az@thyca.org	Patti Kuvik
2nd Tuesday	8:00-9:00pm	Pediatric	pediatric-sig@thyca.org	Pam Mendenhall
2nd Wednesday	6:00-8:00pm	Greater Lehigh Valley, PA	Bethlehem-PA@thyca.org	Suzanne Litzenberger/Lois Lunsik
2nd Wednesday	8:30-10:00pm	Young Adults	young-adult-sig@thyca.org	Sara Lampert-Okin /Lauren H.
2nd Saturday	9:30-11:00am	Cleveland, OH	cleveland-oh@thyca.org	Tina Kuchta
2nd Saturday	10:30-Noon	Baltimore, MD	Baltimore-MD@thyca.org	Laury Hutt/Vanda White
2nd Saturday	10:30-Noon	NW Philly, PA	nwphilly-pa@thyca.org	Pat Paillard
2nd Saturday	10:30-Noon	Raleigh, NC	Raleigh-NC@thyca.org	Kathryn Wall
2nd Saturday	10:30-Noon	Tampa, FL	tampa-fl@thyca.org	Lisa Hutto/Doris Proni
2nd Saturday	12:00-1:30pm	Poorly Differentiated	pdtc@thyca.org	Julie Martwick/Kimberly Mann Venier
2nd Saturday	1:30-3:00pm	Vancouver, WA	vancouver-wa@thyca.org	Karey Bock
2nd Saturday	2:00-3:30pm	Fresno, CA	fresno-ca@thyca.org	Anjali Kapoor-Davis
2nd Saturday	2:00-3:30pm	Toledo, OH	toledo-oh@thyca.org	Alexa Jaume/Penny McCloskey
2nd Sunday	1:00-3:00pm	Long Island, NY	longisland-ny@thyca.org	Abby & Miguel Melendez (except May)
2nd Sunday	5:30-6:45pm	Santa Cruz, CA	santacruz-ca@thyca.org	Elizabeth Levi/Allison Maxson
3rd Monday	9:00-10:00pm	Denver, CO	denver-co@thyca.org	Jo Marie Bushell/Denise Rivera/Tommy Stewart
3rd Tuesday	5:00-6:00pm	Sarasota-Manatee, FL	manasota-FL@thyca.org	Lisa Torres/Suzanne Vazzana
3rd Tuesday	8:00-9:30pm	Chicago, IL	Chicago-IL@thyca.org	Bridget Corcoran/Joyce Wood
3rd Wednesday	6:30-7:30pm	Jacksonville, FL	jacksonville-fl@thyca.org	Rhodora Bantigue/Keara Clarke
3rd Wednesday	8:00-9:00pm	Caregiver	caregiver-sig@thyca.org	Miguel Melendez
3rd Saturday	9:00-10:30am	International	intl-sig@thyca.org	Daria Jerauld, Valronica Scales, Bill McClain
3rd Saturday	10:30-Noon	Boston, MA	Boston-MA@thyca.org	Jessica Jones/Judy Kaplan/Sandi Nadeau
3rd Saturday	10:30-Noon	Washington, DC	Washington-DC@thyca.org	Gary Bloom/Cal Pierce
3rd Saturday	11:00-12:30pm	St Louis, MO	StLouis-MO@thyca.org	Theresa Wickerham
3rd Saturday	11:00-1:00pm	Dallas, TX	Dallas-TX@thyca.org	Peggy Melton
3rd Saturday	1:00-2:30pm	Seattle, WA	Seattle-WA@thyca.org	Jodi Novotny/Peter Crane
3rd Saturday	1:30-3:00pm	Orange County, CA	OrangeCounty-CA@thyca.org	Shilo & Ray Bartlett/Anne MacPherson
3rd Saturday	6:00-7:30pm	Silicon Valley, CA	SiliconValley-ca@thyca.org	Lois Fried/Julie Martinez
3rd Sunday	5:00-7:00pm	RAI Resistant	rai-resistant@thyca.org	Abby Melendez/Anjali Kapoor-Davis/Beth Holliday/Susan Spinosa
4th Saturday	5:30-7:00pm	South Silicon Valley, CA	southsilicon-ca@thyca.org	Maika Clarke/Amy Desiree Goldstein (4th Sat Jan-Oct/3rd Sat Nov-Dec)
Last Tuesday	8:00-9:30pm	Low Iodine Diet	lid-sig@thyca.org	Becky Johnson/Daria Jerauld
Last Tuesday	9:00pm	Anaplastic	anaplastic-sig@thyca.org	Patti Turner/Jean Baker
Last Saturday	10:00-11:30am	Atlanta, GA	atlanta-ga@thyca.org	Joe Cross/Lori Woods
Last Saturday	10:00-11:30am	South Florida, FL	South-FL@thyca.org	Sharon Veingrad/Klaudia Krueger
Sunday 2x a Month	9:00pm	AHCAT Honduras	tegucigalpa-honduras@thyca.org	Damaris Fernández