

Thank you to our Speakers...

- Andrew J. Bauer, M.D.**, COL MC USA, Endocrinologist, Walter Reed National Military Medical Center and Uniformed Services University, Bethesda, MD, and The Thyroid Center, Children's Hospital of Philadelphia, Philadelphia, PA
- Kenneth D. Burman, M.D.**, Endocrinologist, Washington Hospital Center, Washington, DC
- Bruce Davidson, M.D.**, Otolaryngologist (Surgeon), Georgetown University Medical Center, Washington, DC
- Gary L. Francis, M.D., Ph.D.**, Endocrinologist, Virginia Commonwealth University, Richmond, VA
- Jacqueline Jonklaas, M.D.**, Endocrinologist, Georgetown University Medical Center, Washington, DC
- Gigi Meinecke, D.M.D., F.A.G.D.**, Dentist, University of Maryland School of Dentistry, Baltimore, MD
- Janet Papirmeister, B.N., R.N.**, Cancer Care Navigator, Shady Grove Adventist Hospital, Rockville, MD
- Douglas Van Nostrand, M.D.**, Nuclear Medicine Physician, Washington Hospital Center, Washington, DC

Thank You to our Roundtable Facilitators & Workshop Organizers

- *ThyCa Baltimore Support Group*: Vanda White
- *ThyCa Northern Virginia Support Group*: Sara Brenner and Katherine Silkin
- *ThyCa Rockville, MD, Support Group*: Ronni Emden and Sheldon Lehner
- *ThyCa Washington, DC (Silver Spring) Support Group*: Gloria Keller, Cal Pierce, Barbara Statas, and Gary Bloom (ThyCa Executive Director)
- Lauri Huber, Moderator, *ThyCa Pediatric E-Mail Support Group*
- *ThyCa Volunteers* Simone Bloom, Tom Engle, Jamie Lee, and Cherry Wunderlich, plus numerous "unseen" ThyCa Volunteers around the country who helped: Toll-Free Number Team, E-Mail Team, and more

Special Thanks to...

Holy Cross Hospital American Thyroid Association
National Institutes of Health Genzyme Therapeutics

For More Information & Free Support Services, visit www.thyca.org

How To Help

- Give Thyroid Cancer Awareness brochures to your friends and relatives.
- Become a ThyCa Volunteer — New volunteers welcome at any time
- Become a ThyCa Member — One year \$25, 2 years \$45, Lifetime \$225
- Donate to ThyCa's Rally for Research for Thyroid Cancer Research
- Support **Thyroid Cancer Awareness Month** — Sponsored by ThyCa
- Spread the word, and come to the

14th International Thyroid Cancer Survivors' Conference
October 14-16, 2011 • Los Angeles, California

- To find out more, visit www.thyca.org



Welcome to the
**Thyroid Cancer Survivors'
10th Mid-Atlantic Workshop**

Saturday, June 11, 2011

FREE

8 a.m. - 5 p.m.

Holy Cross Hospital, Education Center off Main Lobby
1500 Forest Glen Road, Silver Spring, MD



Sponsored by

**ThyCa: Thyroid Cancer
Survivors' Association, Inc.SM**
www.thyca.org

A national nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.

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Thyroid Cancer Survivors' Mid-Atlantic Workshop — Saturday, June 11, 2011

Program Schedule

8:00 - 8:45 a.m. Registration, Resource Tables, & Roundtables Open
Auditorium BD. Roundtable: Survivors & Caregivers. Sara Brenner
Auditorium A. Roundtable: Survivors & Caregivers. Sheldon Lehner and Ronni Emden
Auditorium C. Roundtable: Survivors & Caregivers. ThyCa Volunteers

8:45 - 9:00 a.m. Welcome. Sara Brenner

9:00 - 9:30 a.m.
Auditorium BD. Roundtable: Questions To Ask When First Diagnosed, Sharing Experiences. Vanda White and Gloria Keller
Auditorium A. Roundtable: Questions To Ask When First Diagnosed, Sharing Experiences. Sara Brenner and Katherine Silkin
Auditorium C. Roundtable: Doctor-Patient Communications. Cal Pierce

9:30 - 9:40 a.m. Break

9:40 - 10:45 a.m.
Auditorium BD. If You're New to Papillary or Follicular Thyroid Cancer: After Surgery and During the First Year, Understanding How Treatment and Follow-Up Is Tailored to Different Risk Levels. Kenneth D. Burman, M.D.
Auditorium A. Roundtable: Coping with Thyroid Cancer in a Child or Teen. Lauri Huber
Auditorium C. Roundtable: Exploring Clinical Trials. Cherry Wunderlich

10:45 - 10:55 a.m. Break

10:55 a.m. - 12 Noon
Auditorium BD. I-131 Therapy and Different Types of Follow-up Imaging: Questions and Answers. Douglas Van Nostrand, M.D.
Auditorium A. Pediatric Thyroid Cancer: How is the Disease Different for Young People? Gary L. Francis, M.D., Ph.D.
Auditorium C. Roundtable: Living and Thriving With a Thyroid Cancer Diagnosis. Gloria Keller

12 Noon - 12:50 p.m. Break, plus Lunch and Learn Sessions
(Get your lunch anytime during the morning and bring it to the session)
Auditorium BD. Roundtable: Living With Thyroid Cancer Over the Long Term. Katherine Silkin
Auditorium A. Roundtable: Doctor-Patient Communications. Cal Pierce and Barb Statas
Auditorium C. Roundtable: Pediatric Thyroid Cancer and the Transition from Pediatric Care to Adult Care and Self-Advocacy. Lauri Huber
Registration Table Area: Ask About ThyCa: Thyroid Cancer Survivors' Association and Ways You Can Get Involved. Tom Engle

12:50 - 1:00 p.m. Break

1:00 - 2:05 p.m.
Auditorium BD. Dentist's Perspective: Overview of Dental Care Before and After Thyroid Cancer Treatment, Including Salivary Issues and Dysfunction. Gigi Meinecke, D.M.D.
Auditorium A. Integrative Health Care: Complementary Care Panel, including Acupuncturist, Dietitian, Massage Therapist, Reiki Master, Possibly Others. Janet Papirmeister, B.N., R.N. and Other Professionals
Auditorium C. Survivors and Caregivers Discussion. ThyCa Volunteers

2:05 - 2:15 p.m. Break

2:15 - 3:20 p.m.
Auditorium BD. Ask a Thyroid Surgeon: Partial vs. Total Thyroidectomy, Neck Dissection and When It's Recommended, Repeat Surgery, and Voice Issues. Bruce Davidson, M.D.
Auditorium A. Pediatric Thyroid Cancer, How is the Treatment Different for Young People? Andrew J. Bauer, M.D.
Auditorium C. Roundtable: Sharing Experiences About How We Cope Constructively With Stress and Fears Around a Cancer Diagnosis, Treatment, and Testing. Ronni Emden, L.C.S.W.-C

3:30 - 3:40 p.m. Break.

3:40 - 4:40 p.m.
Auditorium BD. Thyroid Hormone Therapy for Thyroid Cancer Patients: What is a Good TSH Goal for Different Situations, Risk/Benefits of a Low TSH, Generic vs. Name Brand. Jacqueline Jonklaas, M.D.
Auditorium A. Ask a Doctor: Questions You Still Want Answered. Andrew J. Bauer, M.D.
Auditorium C. Roundtable: Ask About ThyCa: Thyroid Cancer Survivors' Association and Getting Involved. Gary Bloom

4:40 - 5:00 p.m. Workshop Discussion & Feedback. Vanda White