

10th International Thyroid Cancer Survivors' Conference

October 19-21, 2007 • San Francisco, California

Sofitel San Francisco Bay Hotel, 223 Twin Dolphin Drive, Redwood City, California 94065

Sponsored by ThyCa: Thyroid Cancer Survivors' Association, Inc. (www.thyca.org)

Program

• We're proud to present our schedule as of **October 16, 2007**. At the conference, you will receive our **Daily Update Bulletin** with any updates or changes. For more details, as well as speaker biographies visit our web site www.thyca.org, call us toll-free 1-877-588-7904, or e-mail to thyca@thyca.org or conference@thyca.org.

Friday, October 19, 2007

8:00 a.m. Registration Desk Opens in Conference Central. *Veranda*

- Walk-in conference attendees and registrations are welcome each day. Scholarships are available.
- Purchase tickets for Saturday Night's Dinner/Auction Fundraiser for Thyroid Cancer Research.
- The Survivors' Creative Expressions Exhibit opens.
- Sign up for Saturday morning's free Reiki sessions.
- Visit the Resource Information Tables for Educational Materials from ThyCa and other organizations.
- Lunch options are onsite any time during late morning through mid-afternoon. Get your food before or after "Lunch Hour" to reduce lines during the time of the Lunch and Learn sessions.

9:30 – 9:45 a.m.

101 Welcome and Morning Announcements. Sara Brenner, ThyCa Volunteer. *Bordeaux*

9:45 – 10:45 a.m. Getting To Know Each Other

111 Open Mike Survivors'/Caregivers Roundtable. Joel Amromin, ThyCa Volunteer. *Bordeaux*

112 Open Mike Survivors'/Caregivers Roundtable. ThyCa Volunteer. *Salon 1*

113 Open Mike Survivors'/Caregivers Roundtable. Roselle Kovitz, ThyCa Volunteer. *Champagne*

114 Open Mike Survivors'/Caregivers Roundtable. Tom Engle, ThyCa Volunteer. *Salon 4*

115 Open Mike Survivors'/Caregivers Roundtable. Peggy Melton, ThyCa Volunteer. *Salon 2*

116 Open Mike Survivors'/Caregivers Roundtable. Gail Schuler, ThyCa Volunteer. *Salon 3*

Friday...11:00 a.m. – 12:00 p.m.

- 121 Surgical Overview, Including Minimally Invasive Techniques, Decision-making About the Extent of Surgery, and Information To Aid Post-Operative Recovery.** Michael Yeh, M.D., Surgeon. *Bordeaux*
- 122 Medullary Thyroid Cancer Primer, Part A.** Jan Halzel, Pharm.D., ThyCa Volunteer. *Salon 1*
- 123 Ultrasound Surveillance in Thyroid Cancer: When and How It's Used in Decisionmaking.** Lisa A. Orloff, M.D., Surgeon. *Champagne*
- 124 Roundtable: Caregivers' Issues.** For caregivers only. Jon Guljord and Lee Melton, ThyCa Volunteers. *Salon 4*
- 125 Pain Management and Palliative Care: Clinical, Legal, and Ethical Issues in Managing Chronic or Severe Pain.** Scott M. Fishman, M.D., Anesthesiologist. *Salon 2*
- 126 Roundtable: Anaplastic Thyroid Cancer.** Clayton Twigg and Rose Twigg, ThyCa Volunteers. *Salon 3*

12:15 – 12:50 p.m. Lunch and Learn Roundtables. Bring your lunch.

- 131 Ask a Doctor: What You Need to Know About the Next Steps in Care Following Your Recent Diagnosis of Papillary or Follicular Thyroid Cancer.** Francis S. Greenspan, M.D., Endocrinologist. *Bordeaux*
- 132 Medullary Thyroid Cancer Primer, Part B.** Jan Halzel, Pharm.D., ThyCa Volunteer. *Salon 1*
- 133 Voice Issues Following Thyroid Surgery: Prevention and Solutions.** Lisa A. Orloff, M.D., Surgeon. *Champagne*
- 134 Roundtable: Perspectives of Parents and Siblings.** Louise Samuel & other ThyCa Volunteers. *Salon 4*
- 135 Roundtable: Long-Term Survivors' Experiences and Issues, Including Coping with Persistent or Recurrent Disease.** Jo Walker, ThyCa Volunteer. *Salon 2*
- 136 Roundtable: Familial Papillary or Follicular Thyroid Cancer.** Leah Guljord, ThyCa Volunteer. *Salon 3*

1:00 – 2:15 p.m.

- 141 Ask a Doctor: What You Need to Know About the Next Steps in Care Following Your Recent Diagnosis of Papillary or Follicular Thyroid Cancer.** Francis S. Greenspan, M.D., Endocrinologist. *Bordeaux*
- 142 Medullary Thyroid Cancer Primer, Part C.** Jan Halzel, Pharm.D., ThyCa Volunteer. *Salon 1*
- 143 Decision-making, Testing, and Management of Neck Lymph Nodes in Initial, Persistent, or Recurrent Thyroid Cancer.** Lisa A. Orloff, M.D., Surgeon. *Champagne*
- 144 Complementary Approaches for Well-Being: Discussion and Roundtable on Meditation, Reiki, Yoga, Tai Chi, Sound Healing, Other.** Betty Solbjor, Reiki Master/Practitioner. *Salon 4*
- 145 Roundtable: Getting Involved in Research Advocacy, Awareness Activities for Early Detection of Thyroid Cancer, and Outreach to Underserved Populations.** Mary Catherine Petermann and Cherry Wunderlich, ThyCa Volunteers. *Salon 2*
- 146 Roundtable: Pediatric and Young Adults' Thyroid Cancer.** Mira Milas, M.D., Surgeon. *Salon 3*

Friday....2:30 – 3:45 p.m.

151 Using the ATA Guidelines in the Management of Low-Risk Thyroid Cancer as well as Long-Term Follow-up with Very Sensitive Thyroglobulin Assays. Ernest L. Mazzaferri, M.D., Endocrinologist.

Bordeaux

152 Medullary Thyroid Cancer: Treating Liver Metastases. Mira Milas, M.D., Surgeon. *Salon 1*

153 A Dentist's Perspective: Overview and Introduction to Salivary Issues and Dysfunction.

Ava J. Wu, D.D.S. *Champagne*

154 Roundtable Discussion of Health Insurance Issues: Access, Coverage, the Uninsured. Sheila Williams, ThyCa Volunteer. *Salon 2*

155 Roundtable: Coping Skills for Dealing with Fears about Testing and Treatment. Michael Dubrow, ThyCa Volunteer. *Salon 4*

156 Informal Chat: Coping with Thyroid Cancer and Other Health Issues at the Same Time. *Salon 3*

4:00 – 5:15 p.m.

161 Ask a Doctor about Thyroid Cancer Monitoring through Scans and New Imaging Techniques, Including I-123 for Whole Body Diagnostic Imaging and FDG PET Scans in Thyroglobulin Positive, Iodine Scan Negative Thyroid Cancer. I. Ross McDougall, M.D., Ph.D., Nuclear Medicine Physician.

Bordeaux

162 Medullary Thyroid Cancer Primer, Part D. Jan Halzel, Pharm.D., ThyCa Volunteer. *Salon 1*

163 Long-Term Management of Papillary and Follicular Thyroid Cancer for Different Risk Levels and Situations. Mira Milas, M.D., Surgeon. *Champagne*

164 Managing Thyroid Cancer for those Diagnosed Before Age 18: Answering Your Questions About Treatment, Testing and Research. Paul Krakovitz, M.D., Surgeon. *Salon 4*

165 Starting a Local ThyCa Support Group: Discussion for Prospective Support Group Facilitators. Sara Brenner, Director of Support Group Development, and Peggy Melton, ThyCa Dallas Support Group Facilitator. *Salon 2*

166 Anaplastic Thyroid Cancer: Treatment, Research, Clinical Trials. Ernest L. Mazzaferri, M.D., Endocrinologist. *Salon 3*

5:30 – 6:30 p.m.

171 ThyCa Volunteer Appreciation Reception, Annual Meeting, and Informal Social Time with Refreshments. Free. Bring your suggestions for strengthening ThyCa's support services! Stay for conversation, drinks, and snacks! Refreshments courtesy of our friends at AstraZeneca. *Bordeaux*

5:00 – 9:00 p.m. Your choice for dinner.

181 Dinner on Your Own. Enjoy dinner at the hotel or a local area restaurant with new or old friends.

182 Dinner for Medullary Families. See Jan Halzel or ThyCa Volunteers for details.

Saturday, October 20, 2007

8:00 a.m. Registration Desk Opens in Conference Central. *Veranda*

- Walk-in conference attendees and registrations are welcome. Scholarships are available.
- Purchase tickets (by noon) for Tonight's Dinner/Auction Fundraiser for Thyroid Cancer Research.
- Sign up for a free Reiki session for this morning. Visit the Exhibits and Resource Tables.
- FREE Lunch Today, courtesy of Exelixis.

8:00 – 9:00 a.m. Early-Bird Sessions

201 Essentials of Differentiated Thyroid Cancer Management in the First Few Years After Diagnosis.

Kenneth A. Woeber, M.D., Endocrinologist. *Blue Room*

202 Medullary Thyroid Cancer Treatment Options, and When to Consider a Clinical Trial. Robert F.

Gagel, M.D., Endocrinologist. *Salon 1*

203 Roundtable: Patient/Physician Relationships: Developing and Sustaining Effective Communication and Coordination. Mira Milas, M.D., Surgeon and Roselle Kovitz, ThyCa Volunteer. *Grand Salon*

204 Roundtable: Pediatric and Young Adults' Thyroid Cancer. Michelle Feng, ThyCa Volunteer. *Salon 4*

205 Free Reiki Sessions. Sign up in Conference Central. *Salon 2*

206 Roundtable: Anaplastic Thyroid Cancer. Clayton Twigg and Rose Twigg, ThyCa Volunteers. *Salon 3*

9:00 – 9:10 a.m. 211 Morning Announcements. Sara Brenner, ThyCa Volunteer. *Blue Room*

9:15 – 10:30 a.m.

221 Ask a Doctor: How to Choose a Thyroid Surgeon, Questions To Ask, and Key Issues in Thyroid Surgery. Electron Kebebew, M.D., Surgeon. *Blue Room*

222 Medullary Thyroid Cancer Treatment Options, and When to Consider a Clinical Trial. Robert F.

Gagel, M.D., Endocrinologist. *Salon 1*

223 Ask a Doctor Your Questions about Initial Treatment and Follow-Up If You Were Recently Diagnosed With Thyroid Cancer. Dennis Maceri, M.D., Surgeon. *Grand Salon*

224 Starting a Local ThyCa Support Group: Discussion for Prospective Support Group Facilitators.

Sara Brenner, Director of Support Group Development, and Peggy Melton, ThyCa Dallas Support Group Facilitator. *Salon 2*

225 Free Reiki Sessions. Sign up in Conference Central. *Salon 2*

226 Anaplastic Thyroid Cancer, New Treatments on the Horizon. Bryan McIver, M.B., Ph.D., F.R.C.P., Endocrinologist. *Salon 3*

Saturday...10:45 a.m. – 12:00 p.m.

231 Ask a Doctor about Thyroid Hormone Issues: TSH Levels for Different Risk Levels in Initial Care and Over the Long Term. Gregory Brent, M.D., Endocrinologist. *Blue Room*

232 Medullary Thyroid Cancer: Information and Interim Data with Targeted Therapies. Samuel A. Wells, M.D., Surgeon. *Salon 1*

233 Staging and Prognostic Systems: What Do They Mean For Patients Living with Thyroid Cancer. Bryan McIver, M.B., Ph.D., F.R.C.P., Endocrinologist. *Grand Salon*

234 Pediatric Thyroid Cancer: Answering Your Questions. Dennis Maceri, M.D., Surgeon. *Salon 4*

235 Free Reiki Sessions. Sign up in Conference Central. *Salon 2*

236 What Is Palliative Care? How Does It Differ from Hospice? When Should It Start? How Can It Help Patients and Families Cope with Physical, Emotional, and Practical Impacts of Cancer? Pat Wolfe, R.N., M.B.A., Director of Patient Care Services. *Salon 4*

11:30 a.m. – 1:30 p.m. FREE Lunch for everyone, courtesy of Exelixis.**12:15 – 12:50 p.m. Lunch and Learn Roundtables. Bring your lunch.**

241 Research Advocacy and Working Together To Find Cures: Learn About the International Thyroid Oncology Group, Its Cooperative Relationship with ThyCa, and Challenges for the Future. Samuel A. Wells, M.D., Surgeon, and Dwight Vicks, ThyCa Volunteer. *Blue Room*

242 Meeting Other Meddies: Medullary Group. Jan Halzel, Pharm.D., ThyCa Volunteer. *Salon 1*

243 Thyrogen Update: Using Recombinant Human TSH for Preparing for RAI Scan, Thyroglobulin Testing, or Ablation in Papillary and Follicular Thyroid Cancer. Ernest L. Mazzaferri, M.D., Endocrinologist, and Alan Gilstrap, Genzyme Therapeutics. *Grand Salon*

244 Roundtable: If You're New To Papillary or Follicular Thyroid Cancer. Tom Engle and Sheila Williams, ThyCa Volunteers. *Salon 4*

245 Roundtable: ThyCa's Person-To-Person Network, How To Get Involved and Give Support. Peggy Melton, ThyCa Volunteer. *Salon 2*

246 Roundtable: Men's Issues for Thyroid Cancer Survivors. Joel Amromin, ThyCa Volunteer. *Salon 3*

Saturday...1:00 – 2:15 p.m.**251 Thyroid Cancer Overview, Treatment, and Post-Operative Surveillance, including Thyroglobulin and Thyroglobulin Antibody Testing.**

Peter A. Singer, M.D., Endocrinologist and Carole A. Spencer, Ph.D., F.A.C.B. *Blue Room*

252 Medullary Thyroid Cancer: A Surgeon's Perspective. Orlo H. Clark, M.D., Surgeon. *Salon 1*

253 Ask a Doctor about Thyroid Hormone Replacement: Absorption and Interaction with Foods, Minerals, Nonprescription Products, and Prescription Medications. Gregory Brent, M.D., Endocrinologist. *Grand Salon*

254 Organizing and Publicizing an Educational Event: ThyCa Support Group Speaker or Workshop.

Sara Brenner, ThyCa Volunteer, and Gary Bloom, ThyCa Executive Director. *Salon 4*

255 Dialogue: Using PubMed and Searching the Medical Literature in the National Library of Medicine. John R. Wunderlich, M.D., Cancer Researcher. *Salon 2*

256 Roundtable: Pediatric and Young Adults Group. Ernest L. Mazzaferri, M.D., Endocrinologist. *Salon 3*

2:30 – 3:45 p.m.

261 Ask a Doctor about Surgical Issues Including Additional Surgery of the Neck and Lymph Nodes, Parathyroid Issues, and Minimizing Scarring. David Myssiorek, M.D., Surgeon. *Blue Room*

262 Medullary Thyroid Cancer: Clinical Trials Discussion. Jan Halzel, Pharm.D. ThyCa Volunteer. *Salon 1*

263 Ultrasound Surveillance in Thyroid Cancer: When and How It's Used in Decisionmaking. Mira Milas, M.D., Surgeon. *Grand Salon*

264 Preparing for Receiving Radioiodine and Handling the Period Afterward: Coping with Hypothyroidism or Receiving Thyrogen, Tips for Easy Low-Iodine Snacks and Recipes, Coping in the Hospital or at Home Afterward, Planning Time off Work or School. Leah Guljord and Peter Crane, ThyCa Volunteers. *Salon 4*

265 Roundtable: Current Local ThyCa Support Group Facilitators. Sara Brenner, Director, Support Group Development, and Peggy Melton, ThyCa Dallas Support Group Facilitator. *Salon 2*

266 Discussion About Anaplastic Thyroid Cancer, Including Treatment Options and Considering a Clinical Trial. Ernest L. Mazzaferri, M.D., Endocrinologist. *Salon 3*

Saturday...4:00 – 5:15 p.m.

271 Ask a Doctor About Voice Issues: Causes, Prevention, Solutions. David Myssiorek, M.D., Surgeon.

Blue Room

272 Medullary Thyroid Cancer Roundtable: Discussion of Day's Activities. Jan Halzel, Pharm.D. *Salon 1*

273 Ask a Doctor: Questions About Your Thyroid Cancer That You Haven't Asked. Ernest L.

Mazzaferri, M.D., Endocrinologist. *Grand Salon*

274 Stress Management: Coping Skills for Survivors and Caregivers. Amy D'Ambrosio, Psy.D.,

Psychologist. *Salon 4*

275 Enjoying Music, Singing, and Sing-Along for Health and Healing. Shirley Baker, ThyCa Volunteer.

Salon 2

276 Choosing and Being in a Clinical Trial: The Patient's Perspective on What To Consider. Patti

Malloy, ThyCa Volunteer. *Salon 3*

6:00 – 9:00 p.m. Saturday Evening Benefit Fundraiser—Grand Ballroom

ThyCa Dinner/Auction To Raise Funds for Thyroid Cancer Research

Tickets for the delicious three-course dinner cost \$50. We welcome added donations (tax deductible).

If you have not yet made your reservation for this wonderful evening, please purchase your tickets at the Registration Table in Conference Central, by noon today.

Sunday, October 21, 2007

8:00 a.m. Registration Desk Opens in Conference Central. *Veranda*

- Walk-in conference attendees and registrations are welcome each day. Scholarships are available.
- Lunch options are onsite any time during late morning through mid-afternoon. Get your food before or after “Lunch Hour” to reduce lines during the time of the Lunch and Learn sessions.

8:00 – 9:00 a.m. Early-Bird Sessions

301 Discussion: Managing your Thyroid Cancer Care and Your Other Medical Care, Including Patient-Physician Communication, Care Coordination, and When and How To Seek a Second Opinion.

Jerome Hershman, M.D., Endocrinologist. *Bordeaux*

302 Roundtable: Meet Others with Medullary Thyroid Cancer. Jan Halzel, Pharm.D., ThyCa Volunteer.

Salon 1

303 Thyroid Cancer Imaging and Pathology Discussion: Monitoring, Types of Scans, False Negatives, and Other Issues. Sharon De Wit, M.D., Nuclear Medicine and Pathology. *Champagne*

304 Roundtable: Pediatric and Young People's Thyroid Cancer. Michelle Feng, ThyCa Volunteer. *Salon 4*

305 Fundraising for Research: Moving Toward Our Dream of Cures for all Thyroid Cancer. Gary

Bloom, ThyCa Executive Director. *Salon 2*

306 Morning Walk and Chat: Exercise for Well-Being. Ron Grafman, ThyCa Volunteer. *Salon 3*

9:00 – 9:10 a.m.

311 Morning Announcements. *Bordeaux*

9:15 – 10:30 a.m.

321 Ask an Endocrinologist About How Doctors Manage Thyroid Cancer in the Short-Term and Over the Long Term. Jerome Hershman, M.D., Endocrinologist. *Bordeaux*

322 Medullary Thyroid Cancer: Discussion of Clinical Trials and Targeted Therapies. Manisha H. Shah, M.D., Oncologist. *Salon 1*

323 Preventing and Solving Issues with Your Mouth, Salivary Glands, and Teeth from Radiation Treatment: Differences in Issues with Radioactive Iodine and External Beam Radiation. Mark S. Chambers, M.S., D.M.D., Oral Medicine Specialist. *Champagne*

324 How Canada's Thyrvors Developed Its Low-Iodine Diet Guidelines, with Limits on Quantities of Certain Food Items. Rita Banach, President, Canadian Thyroid Cancer Support Group(Thyrvors). *Salon 4*

325 Looking for the Funny Side: Positive Attitudes, Humor, and Healing for Coping During Illness.

Jessica Jones, Tammy Kilhullen, and other ThyCa Volunteers. *Salon 2*

326 Ask a Doctor About Thyroid Cancer in Children, Adolescents, and Young Adults and Issues for Patients and Caregivers. Michael A. Levine, M.D., Endocrinologist. *Salon 3*

327 Getting Involved: Volunteering and Becoming Active in ThyCa. Gary Bloom, ThyCa Executive Director and Leah Guljord, ThyCa Volunteer. *Conference Central*

Sunday...10:45 a.m. – 12:00 p.m.**331 Papillary and Follicular Thyroid Cancer: Discussion of Clinical Trials and Targeted Therapies.**

Manisha H. Shah, M.D., Oncologist. *Bordeaux*

332 The Care of Clinical Trial Participants: 1. The role of site investigators and other physicians associated with the clinical trial; 2. Integrating care received as part of a trial with that from patient's long-term physicians. Jessica E. Gosnell, M.D., Surgeon. *Salon 1***333 Ask an Attorney about Legal Issues: Issues Related to Employment and Health Insurance.** Joanna L. Morales, Esq. *Champagne***334 Living with a Chronic or Serious Illness: Coping Skills for Survivors and Caregivers.**

Erika Maslan, M.F.T., Family Therapist, The Wellness Community San Francisco East Bay. *Salon 4*

335 Caregiver Role in Support and Advocacy. Jon Guljord and Lee Melton, ThyCa Volunteers. *Salon 2***336 Roundtable: Multiple Endocrine Neoplasia.** Michael A. Levine, M.D., Endocrinologist. *Salon 3***12:10 – 12:40 p.m. Lunch and Learn Roundtables. Bring your lunch.****341 Managing your Medical Care: You're in Charge.** Michael Bouvet, M.D., Surgeon. *Bordeaux***342 Roundtable: Medullary Thyroid Cancer.** Jan Halzel, Pharm.D., ThyCa Volunteer. *Salon 1***343 Ask an Attorney about Legal Issues: Issues Related to Estate Planning and Life Insurance.** Joanna L. Morales, Esq. *Champagne***344 Informal Conversation: Coping with Challenges Such as Fatigue, Voice Issues, and Hypoparathyroidism.** *Salon 4***345 Fitness and Exercise While On and Off Thyroid Hormone Replacement.** Ron Grafman and Other ThyCa Volunteers. *Salon 2***346 Informal Conversation: Coping with Thyroid Cancer Over the Long Term.** *Salon 3***12:45 – 2:00 p.m.****351 Ask a Doctor About Thyroid Cancer Care.** Michael Bouvet, M.D., Surgeon. *Bordeaux***352 Roundtable: Medullary Thyroid Cancer.** Jan Halzel, Pharm.D., ThyCa Volunteer. *Salon 1***353 Ask an Attorney about Legal Issues: Issues Related to Government Benefits.** Joanna L. Morales, Esq. *Champagne***354 Roundtable: Getting Involved, Volunteering for ThyCa.** Gary Bloom, ThyCa Executive Director. *Salon 4***355 Giving and Receiving Support by E-Mail, and Getting the Most out of www.thyca.org.** Peggy Melton and Cherry Wunderlich, ThyCa Volunteers. *Salon 2***356 Roundtable: Participating in a Clinical Trial.** Kim Samuel, ThyCa Volunteer. *Salon 3*

Sunday...2:15 – 3:00 p.m.

361 Roundtable: Papillary and Follicular Thyroid Cancer, California Attendees. Joel Amromin and Gail Schuler, ThyCa Volunteers. *Bordeaux*

362 Roundtable: Medullary Thyroid Cancer. Jan Halzel, Pharm.D., and other ThyCa Volunteers. *Salon 1*

363 Roundtable: Papillary and Follicular Thyroid Cancer. Tom Engle, ThyCa Volunteer. *Champagne*

364 Roundtable: Pediatric and Young Adults Thyroid Cancer. Kim Samuel, ThyCa Volunteer. *Salon 4*

365 Roundtable: Anaplastic Thyroid Cancer. Clayton Twigg and Rose Twigg, ThyCa Volunteers. *Salon 2*

3:00 – 3:30 p.m.

371 Conference Wrap-Up; Your Feedback and Suggestions for Next Year. Conference Team. *Bordeaux*

Thank you for coming! We hope to see you in the coming year!

Come to:

- Monthly support group meetings,
- A free half-day or one-day workshop in the spring, and to
- The 11th International Thyroid Cancer Survivors' Conference in October 2008.

Please take flyers home with you to share with other survivors and your doctors.

Visit our web site for more information.

www.thyca.org

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