



Thyroid Cancer

New England

Survivors' Workshop

This workshop is organized by the ThyCa Nashua support group, with assistance from other New England support groups also affiliated with ThyCa: Thyroid Cancer Survivors' Association, Inc.

Saturday, May 3 • 9:30 a.m. — 3 p.m.

FREE — Nashua, New Hampshire

St. Joseph Hospital, 172 Kinsley Street, Nashua, New Hampshire (directions below)

8:45 a.m. on Registration, followed by Continental Breakfast and Informal Conversations

9:30-11 a.m. **Thyroid Cancer Treatment and Testing**

9:30-10 a.m. Thyrogen for Whole-Body Scans for Papillary and Follicular Thyroid Cancer.

Colleen Conley, Thyrogen Clinical Science Associate, Genzyme Therapeutics, Cambridge, MA

10-11 a.m. Thyroid Carcinoma: Current Therapy and Recent Advances.

Jack M. Monchik, M.D., Chief of Endocrine Surgery, Rhode Island Hospital; Clinical Professor of Surgery, Brown Univ School of Medicine; Past President, American Assn of Endocrine Surgeons

11:15 a.m.-3 p.m. **Coping skills, complementary and palliative approaches.**

Coping with Temporary Hypothyroidism for Withdrawal Scans and RAI Treatment • Patient and Caregiver Perspectives • Massage Therapy • Acupuncture for Nausea & Pain Relief • Spirituality • Complementary Approaches and Issues for Cancer Patients • Some of these sessions will be repeated.

More Information: There will be a limited number of complimentary lunches. Thyroid cancer survivors of all ages are welcome. However, please do not bring children under age 13 who are not thyroid cancer survivors. Advance Registration is NOT required. We welcome walk-in attendees.

E-mail: Nashua_NH@thyca.org or Phone: 978-251-4769 or 603-465-2900

How to get there: Nashua, New Hampshire, is just north of the Massachusetts border. St. Joseph Hospital is located at 172 Kinsley Street in Nashua, about a half mile east of Route 3, the Frederick E. Everett Turnpike (also called Everett Turnpike).

From the North: Take Route 3 South (F.E. Everett Turnpike); get off Exit 5E. Continue straight on Kinsley Street. At the first set of lights take a right into the St. Joseph Hospital parking lot.

From the South: Take Route 3 North (F.E. Everett Turnpike); get off Exit 5E. Go straight through the next two stop signs. At the first set of lights take a right into the St. Joseph Hospital parking lot.

From the East: Take Route 111 West and take West Hollis Street. Go straight through six sets of lights after crossing the bridge. At the seventh light (near Soucy's Market) take a left. Take the next left. At the set of lights go straight into the St. Joseph Hospital parking lot.

From the West: Take 101A East (Amherst Street). Follow signs to Route 3 (F.E. Everett Turnpike). Take Route 3 South to Exit 5E. Continue straight on Kinsley Street. At the first set of lights take a right into the St. Joseph Hospital parking lot.

ThyCa: Thyroid Cancer Survivors' Association, Inc.SM

An all-volunteer nonprofit 501 (c)(3) organization of thyroid cancer survivors, family members, and health care professionals. E-mail: thyca@thyca.org • PO Box 1545, NY, NY 10159-1545 • Toll-Free: 1-877-588-7904

www.thyca.org

ThyCa's free services are made possible through the dedicated efforts of many volunteers and financial and in-kind donations from individuals and organizations. Added supporters of this workshop include the American Cancer Society, Genzyme Therapeutics, A Market Natural Foods, Chelmsford, MA Rotary, Hollis Brookline NH Rotary, Milford NH Rotary, A & B Travel, and St. Joseph Hospital.