

Near-Final Conference Schedule

Program as of *October 4, 2017*

The program is subject to changes.

At the conference, you will receive our **Daily Update Bulletin** with any changes.

Friday, October 6, 2017

8:00 a.m. Registration desk opens in Conference Central. *Billie Holiday Room*

- Invitation: Purchase tickets for Saturday Night's Dinner/Auction Fundraiser for Thyroid Cancer Research.
- If you pre-ordered a box lunch, pick up outside *Billie Holiday* between 11:30 a.m. – 1:30 p.m.
- Order a box lunch for Saturday today. You may order a Sunday lunch either today or tomorrow.
- Visit the Exhibits, Resource Tables, Survivors' Creative Expressions Display, and Memorial Quilts.
- Your feedback is important! Please leave your evaluation forms and suggestions in Conference Central at the end of each day or provide feedback with the conference app, EventsXD.

7:30 - 9:00 a.m.

109 Current ThyCa support group facilitators training and breakfast. Theresa Wickerham, ThyCa Program Coordinator, Chris Kidwell, ThyCa Volunteer, and Meryl Mosack, Time Management Trainer. *H.L. Mencken Room*

8:00 - 9:20 a.m. Early-Bird Sessions.

102 Roundtable: How to navigate the conference plus discussion.

Roberta Perry, ThyCa Volunteer. *Annapolis Room*

103 Roundtable: How to navigate the conference plus discussion.

Pam Mendenhall, ThyCa Volunteer. *Chesapeake Room*

104 Fun ice breaker to meet your fellow conference attendees.

Cheri Lindle, M.Ed. *Frederick Douglass Room*

105 Quiet room for reading materials, relaxing, or meditating. *Johns Hopkins Room*

9:30 - 9:45 a.m.

111 Welcome and morning announcements. Vanda White, ThyCa Volunteer. *Harbor Room*

9:55 - 10:55 a.m. Getting to know each other. Open microphone roundtables.

121 Carol DiFelice, ThyCa Volunteer. *Harbor Room*

122 Joel Amromin, ThyCa Volunteer. *Annapolis Room*

123 Tim Lau, ThyCa Volunteer. *Chesapeake Room*

124 Bill and Galina McClain, ThyCa Volunteers. *Frederick Douglass Room*

125 Evelyn Gross, ThyCa Volunteer. *Johns Hopkins Room*

126 Sharon Veingrad, ThyCa Volunteer. *Benjamin Banneker Room*

127 Jo Gorringer, ThyCa Volunteer. *Harriet Tubman Room*

128 Vanda White, ThyCa Volunteer. *Eubie Blake Room*

129 Cal Pierce, ThyCa Volunteer. *H.L. Mencken Room*

Session Key by Suggested Audience

You are welcome to attend any session. The key indicates sessions of particular interest to some audience.

A-Anaplastic
M-Medullary

C-Caregivers
N-Newly Diagnosed

Adv-Advanced Disease
PF-Papillary/Follicular

Ped-Pediatric
AYA-Adolescent/Young Adult

Friday, October 6th, 11:05 a.m. - 12:10 p.m.

131 Key aspects of surgery for thyroid cancer, including intraoperative nerve monitoring.

Carlos S. Duque, M.D., Head and Neck Surgeon. *Harbor Room*

132 Hypoparathyroidism/hypocalcemia: Now that you have it, what do you do?

Michael A. Levine, M.D., Endocrinologist, and Deb Murphy and James Sanders, HypoPARAthyroidism Association Board Members. *Annapolis Room*

133 Medullary thyroid cancer roundtable: Getting to know each other – MTC survivors and caregivers. Sue Kane, ThyCa Volunteer. *Chesapeake Room C M*

134 When doctors do research or develop a survey, what does this mean for you? Why can participation be important?

Di Wu, M.D., Nuclear Medicine Specialist. *Frederick Douglass Room*

135 Do you respond or react to change, challenge or adversity? What's in your coping toolbox?

Lana Gelb, M.S., A.C.S.M. Certified Exercise Physiologist/Movement Therapist. *Johns Hopkins Room*

136 Roundtable: If you're new to thyroid cancer. Carol DiFelice, ThyCa Volunteer.

Benjamin Banneker Room N

137 Your personal faith and spirituality in your healing journey: Powerfully, prayerfully, practically. Reverend Thurselle C. Williams. *Harriet Tubman Room*

138 Roundtable: Share your thyroid cancer journey.

Abby Melendez and Miguel Melendez, ThyCa Volunteers. *Eubie Blake Room*

12:30 - 1:35 p.m. Lunch & Learn Sessions. Bring lunch.

141 If you are new to papillary or follicular thyroid cancer: Things you should know about your health care. Matthew D. Ringel, M.D., Endocrinologist. *Harbor Room PF N*

142 Roundtable on hypoparathyroidism/hypocalcemia.

Michael A. Levine, M.D., Endocrinologist, and Deb Murphy and James Sanders, HypoPARAthyroidism Association Board Members. *Annapolis Room*

143 Medullary thyroid cancer: A surgeon's perspective on surgery, re-surgery, watchful waiting, and targeted therapy treatments. Mark Zafereo, M.D., Head & Neck Surgeon.

Chesapeake Room M

144 Radioactive iodine combination trials and concepts. Is there a way to make cells avid again? Alan L. Ho, M.D., Oncologist. *Frederick Douglass Room Adv PF*

145 Complementary approaches and integrative health care: What are factors to consider for your situation? Jennifer Rosen, M.D., Endocrine Surgeon. *Johns Hopkins Room*

146 Anaplastic thyroid cancer roundtable. Cheri Lindle, ThyCa Volunteer.

Benjamin Banneker Room A

147 En Español: Preguntas con el doctor. If time, there will be an opportunity for questions from English speakers. Carlos S. Duque, M.D., Head and Neck Surgeon. *Harriet Tubman Room*

148 For medical writers, press, and others interested in writing about thyroid cancer: Print materials and questions and answers about covering thyroid cancer.

Roberta Perry and Cherry Wunderlich, ThyCa Volunteers. *Eubie Blake Room*

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Friday, October 6th, 1:50 - 2:55 p.m.

151 Your mouth, salivary glands, and teeth: Preventing and solving issues caused by radioactive iodine or external beam radiation.

Richard C. Cardoso, D.D.S., M.S., Oral Medicine Specialist. *Harbor Room PF*

152 Thyroid cancer surgery: Reoperations and complex surgery from the surgeon's perspective. Jennifer Rosen, M.D., Endocrine Surgeon. *Annapolis Room*

153 Medullary thyroid cancer in children: New treatment modalities, long-term follow-up. How will this impact everyone with medullary thyroid cancer?

Maya Lodish, M.D., M.H.Sc., Endocrinologist. *Chesapeake Room M Ped*

154 Understanding health, disability, and life insurance. Tips on picking a plan, getting help with co-pays, appealing a denied claim, and organizing your records.

Richard D. Carter, Esq., Attorney. *Frederick Douglass Room*

155 Your heart, art, and you. This presentation will give a short overview of what art therapy is and then move right into an art activity that will help you connect to your compassionate self. No art experience needed. Alicia K. Hurst, A.T.R., L.P.C., Art Therapist. *Johns Hopkins Room*

156 Anaplastic thyroid cancer discussion with a doctor.

Matthew D. Ringel, M.D., Endocrinologist. *Benjamin Banneker Room A*

157 Drug discovery 101: How new medicines are made. Beni Wolf, M.D.
Harriet Tubman Room

3:05 - 4:10 p.m.

161 After receiving radioactive iodine: Share your opinions on issues related to immediate patient release from the hospital or clinic. An informal "Town Hall" session.

Donna-Beth Howe, Ph.D., Nuclear Material Safety and Safeguards Specialist, and Peter Crane, Esq., ThyCa Volunteer. *Harbor Room PF*

162 When your thyroid cancer doesn't absorb radioactive iodine. What are current treatment options and potential future advances? Eric J. Sherman, M.D., Oncologist. *Annapolis Room Adv PF*

163 Medullary thyroid cancer: An overview and Q & A discussion.

Samuel A. Wells, M.D., Surgeon. *Chesapeake Room M*

164 Molecular diagnostics and prognostication in all types of thyroid cancer: What the latest research tells us. Yuri Nikiforov, M.D., Ph.D., Pathologist. *Frederick Douglass Room*

165 The treatments are over—what's next? A presentation on MD Anderson's Thyroid Cancer Survivorship Clinic and how you can get these components of care wherever you live. Johnny L. Rollins, A.P.R.N., A.N.P.-C., Advanced Practice Provider.
Johns Hopkins Room

166 Thyroid cancer surgery: Addressing different amounts of surgery as well as dealing with complications. Jonathon O. Russell, M.D., Otolaryngologist. *Benjamin Banneker Room*

167 Health care proxies: What are they? Roles the health care proxy plays, decisions they can and can't make. What other types of appointees might be needed for decision-making?

Richard D. Carter, Esq., Attorney. *Harriet Tubman Room*

169 Small focus group hosted by Eisai Inc. This session is for 10 people who want to participate in an interactive discussion about differentiated (papillary or follicular) thyroid cancer and the current landscape. Please sign up in advance at thyroidFG@eisai.com. Moderators: Michele Randazzo and Cameron Mirochnick. *H.L. Mencken Room Adv PF*

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Friday, October 6th, 4:20 - 5:25 p.m.

171 Future trends in thyroid cancer care for all types of thyroid cancer: Current techniques, messenger RNA and other new developments in monitoring.

Matthew D. Ringel, M.D., Endocrinologist. *Harbor Room*

172 What's in a number? Understanding TSH (thyroid-stimulating hormone), free T4 levels, and thyroglobulin. Johnny L. Rollins, A.P.R.N., A.N.P.-C., Advanced Practice Provider.

Annapolis Room

173 Medullary thyroid cancer: An overview and Q & A discussion.

Samuel A. Wells, M.D., Surgeon. *Chesapeake Room M*

174 Doctor/patient communication: Improving outcomes through better communication.

Jonathon O. Russell, M.D., Otolaryngologist. *Frederick Douglass Room*

175 Giving and receiving emotional support and sharing your coping suggestions, in support groups and one-to-one. Ronni Emden, ThyCa Volunteer. *Johns Hopkins Room*

176 Understanding your communication style and how it affects everyone you encounter: A path to understanding by seeing others through the lens of DISC. Cheri Lindle, M.Ed.

Benjamin Banneker Room

177 Quiet room for reading materials, relaxing, or meditating. *Harriet Tubman Room*

EVENING EVENTS AND GET-TOGETHERS —

5:45 - 7:00 p.m.

183 Reception: Informal social time with free snacks. *Chesapeake Room*

- Door prizes, cup auction, and raffle drawing to raise funds for thyroid cancer research.
- Cash bar.
- Matthew D. Ringel, M.D., and Gary Bloom present ThyCa's Distinguished Service Award to **Paul W. Ladenson, M.D.**, and **Samuel A. Wells, M.D.**, ThyCa Medical Advisors, in gratitude for their many years of dedicated service to ThyCa.

7:00 - 10:00 p.m. Your Choice for Dinner and Socializing.

191 Dinner on your own or with groups.

- Enjoy dinner at the hotel or a local area restaurant.
- Look for the sign-up lists for various groups on the message board in Conference Central. *Billie Holiday Room*

7:00 - 10:00 p.m.

193 Anaplastic thyroid cancer meet-up. Meet in the lobby at 7:00 p.m. Host: Cheri Lindle.

194 "Meddie" (medullary thyroid cancer) meet-up. Join in the fun from 7:00 p.m. on.

Host: Mary Seemueller. *Frederick Douglass Room*

195 Young adults dinner and meet-up. Join in the fun from 7:00 p.m. on. For people 18 through 40.

Hosts: Chris Kidwell and Tim Lau. Dinner: *Eden's Landing*; Meet-up (after 9:00 p.m.): *Eden's Landing*

199 Dinner for current ThyCa support group facilitators. This session is for Support Group Facilitators only due to regulatory compliance issues. Speaker will be Leonard Wartofsky, M.D., Endocrinologist, on Thyrogen®. *H.L. Mencken Room*

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Saturday, October 7, 2017

8:00 a.m. Registration Desk Opens in Conference Central. *Billie Holiday Room*

- Invitation: Purchase tickets for Saturday Night's Dinner/Auction Fundraiser for Thyroid Cancer Research.
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8:00 - 9:00 a.m. Early-Bird Sessions

211 Mayo Clinic approach in 2017 to papillary thyroid cancer management and the role of ethanol ablation after 26 years of experience. Ian D. Hay, M.D., Ph.D., Endocrinologist.

Harbor Room PF

212 Molecular testing in nodules and thyroid cancer and how it affects decision-making.

Bryan McIver, M.D., Ch.B., Ph.D., Endocrinologist. *Annapolis Room*

214 The ABCs of thyroid cancer: Explaining key terms, concepts, and initial diagnostic and treatment steps. John B. Tourtelot, M.D., Endocrinologist. *Frederick Douglass Room*

215 Roundtable: If you're new to thyroid cancer—things to know and questions to ask.

Pat Paillard, ThyCa Volunteer. *Johns Hopkins Room N*

216 Pediatric tumors, multiple endocrine neoplasia-related medullary thyroid cancer (MEN 2B). John W. Glod, M.D., Pediatric Oncologist. *Benjamin Banneker Room M Ped*

217 Novel chemotherapies for patients with metastatic papillary, follicular, or hurthle cell thyroid cancer. Maria E. Cabanillas, M.D., Oncologic Endocrinologist.

Harriet Tubman Room PF

218 Roundtable: Anaplastic thyroid cancer. Cheri Lindle, ThyCa Volunteer.

Eubie Blake Room A

219 Roundtable: Medullary thyroid cancer. Sue Kane, ThyCa Volunteer. *H.L. Mencken Room M*

9:10 - 9:20 a.m.

221 Morning announcements. Vanda White, ThyCa Volunteer. *Harbor Room*

9:30 - 10:35 a.m.

231 If you are new to papillary or follicular thyroid cancer: Things you should know about your health care. Paul W. Ladenson, M.D., Endocrinologist. *Harbor Room N PF*

232 Clinical trials in thyroid cancer: Why being a “guinea pig” can be a good thing!

Bryan McIver, M.D., Ch.B., Ph.D., Endocrinologist. *Annapolis Room*

234 After surgery, talking about thyroid hormone replacement, and steps toward feeling better. John B. Tourtelot, M.D., Endocrinologist. *Frederick Douglass Room*

235 Anaplastic thyroid cancer: Changes in treatment and new approaches that show promise.

Maria E. Cabanillas, M.D., Oncologic Endocrinologist. *Johns Hopkins Room A*

236 Advocating for yourself: Better communications between you and your medical team.

Donald Margouloff, M.D., Nuclear Medicine Physician, Emeritus. *Benjamin Banneker Room*

237 Good grief: Skills for coping with serious illness, bereavement, and loss.

Ann Hisle, L.C.S.W., Psychotherapist. *Harriet Tubman Room*

239 Medullary thyroid cancer: A surgically treated disease.

Elizabeth G. Grubbs, M.D., Surgeon. *H.L. Mencken Room M*

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Saturday, October 7th, 10:45 - 11:50 a.m.

241 Contemporary surgical management of papillary and follicular thyroid cancer from minimally invasive to recurrent disease.

Gary L. Clayman, D.M.D., M.D., F.A.C.S., Thyroid Cancer Surgeon. *Harbor Room PF*

242 Radioactive iodine was the original precision medicine. How should we be using it today?

Bryan McIver, M.D., Ch.B., Ph.D., Endocrinologist. *Annapolis Room PF*

244 Treatments and research developments for all advanced thyroid cancers.

Keith C. Bible, M.D., Ph.D., Oncologist. *Frederick Douglass Room Adv*

245 Care of the caregiver: Stress, support, and coping. Dan Wickerham, ThyCa Volunteer.

Johns Hopkins Room C

246 Pet therapy beginning at 11:00 a.m. Come and go as you choose. Pets on Wheels Registered Therapy Pets and their owners are with us for your enjoyment and to relieve stress.

Benjamin Banneker Room

247 Art as therapy: Writing and other creative arts. Bill McClain, Author.

Harriet Tubman Room

248 En Español: Preguntas con la doctora. If time, there will be an opportunity for questions from

English speakers. Maria E. Cabanillas, M.D., Oncologic Endocrinologist. *Eubie Blake Room*

249 Medullary thyroid cancer: Update on medical management. Mimi I. Hu, M.D.,

Endocrinologist. *H.L. Mencken Room M*

12:10 - 1:15 p.m. Lunch & Learn Sessions. Bring lunch.

251 Post-operative issues: Incidence, causes, prevention, and solutions.

David J. Myssiorek, M.D., F.A.C.S., Otolaryngologist. *Harbor Room*

252 Roundtable: Therapy-related radiation side effects, multikinase inhibitor side effects, etc., including managing drug holidays.

Keith C. Bible, M.D., Ph.D., Oncologist. *Annapolis Room A Adv M*

254 Roundtable: What are important topics to adolescents and young adults dealing with thyroid cancer? Bryan McIver, M.D., Ch.B., Ph.D., Endocrinologist, and

Brittany Avin, ThyCa Volunteer. *Frederick Douglass Room AYA*

255 Emotional freedom techniques including tapping for integrative stress reduction.

Anita L. Bains, M.S., R.N., Advanced Practice Nurse Psychotherapist. *Johns Hopkins Room*

256 Pet therapy. Come and go as you choose. Pets on Wheels Registered Therapy Pets and their owners are with us for your enjoyment and to relieve stress. *Benjamin Banneker Room*

257 Roundtable: Share your experiences with complementary and alternative approaches to well-being, including exercise and mind-body approaches. Cal Pierce, ThyCa Volunteer.

Harriet Tubman Room

258 Your personal faith and spirituality in your healing journey: Powerfully, prayerfully, practically. Reverend Thurselle C. Williams. *Eubie Blake Room*

259 Roundtable: Patient-reported outcomes and areas of patient concern about medullary thyroid cancer. Elizabeth G. Grubbs, M.D., Surgeon, and Mimi I. Hu, M.D., Endocrinologist.

H.L. Mencken Room M

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Saturday, October 7th, 1:30 - 2:35 p.m.

261 Voice issues: Incidence, causes, prevention, and solutions.

David J. Myssiorek, M.D., F.A.C.S., Otolaryngologist. *Harbor Room*

262 The International Thyroid Oncology Group's (ITOG) latest clinical trials, and ITOG's cooperative relationship with ThyCa. Keith C. Bible, M.D., Ph.D., Oncologist.

Annapolis Room

264 Young adults' discussion: Friendships, dating, relationships, and how thyroid cancer affects them. Tim Lau, and Chris Kidwell, ThyCa Volunteers.

Frederick Douglass Room AYA

265 Physical health and the importance of being active.

Tracy Tierney, Certified Personal Trainer, Thyroid Cancer Survivor. *Johns Hopkins Room*

266 Pet therapy. Come and go as you choose. Pets on Wheels Registered Therapy Pets and their owners will be with us for your enjoyment and to relieve stress. *Benjamin Banneker Room*

267 Roundtable: Advocating for improved outcomes in thyroid cancer.

Roberta Perry, Communications Specialist and ThyCa Volunteer. *Harriet Tubman Room*

268 Participating in an online discussion group on Inspire, or Yahoo!Groups.

Emily Allen, and Angel Conicelli, ThyCa Volunteers. *Eubie Blake Room*

269 Roundtable: Medullary thyroid cancer. Share your tips for living well.

Sue Kane, ThyCa Volunteer. *H.L. Mencken Room M*

2:45 - 3:50 p.m.

271 Debates and updates in thyroid cancer care: Overdiagnosis versus overtreatment, active surveillance versus treat, the 2018 new staging system for differentiated thyroid cancer, using the ATA guidelines, and more. Kenneth D. Burman, M.D., Endocrinologist.

Harbor Room PF

272 Initial surgery for thyroid cancer including extent of surgery and how to evaluate and manage lymph nodes. Erin A. Felger, M.D., Endocrine Surgeon. *Annapolis Room*

274 Quiet room for reading materials, relaxing, or meditating. *Frederick Douglass Room*

275 What's new at the National Institutes of Health (NIH)? An overview of the novel clinical protocols for management of thyroid cancer available at the NIH.

Joanna Klubo-Gwiezdzinska, M.D., Ph.D., Endocrinologist. *Johns Hopkins Room*

276 Pet therapy ending at 4:00 p.m. Come and go as you choose. Pets on Wheels Registered Therapy Pets and their owners will be with us for your enjoyment and to relieve stress.

Benjamin Banneker Room

277 Roundtable: How do you deal with challenges in life when you are dealing with health issues? Sharon Veingrad, ThyCa Volunteer. *Harriet Tubman Room*

278 Roundtable: Prospective and new ThyCa support group facilitators.

Theresa Wickerham, ThyCa Program Coordinator. *Eubie Blake Room*

279 Update on molecular targeted therapeutics for the treatment of advanced medullary thyroid cancer, plus side effects and pain management.

Douglas W. Ball, M.D., Endocrinologist. *H.L. Mencken Room M*

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Saturday, October 7th, 4:00 - 5:05 p.m.

284 What's up with thyroglobulin testing and interpretation? How does it impact decision-making in your care? Leonard Wartofsky, M.D., Endocrinologist.

Frederick Douglass Room PF

285 Difficult journeys: A moderated discussion about coping with progressing, persistent, or recurrent disease with different treatment approaches.

Cheri Lindle, M.Ed., ThyCa Volunteer, and Kenneth D. Burman, M.D., Endocrinologist.

Panelists: Jo Cunningham, Lewis Dawson and Stephen Zielonka. *Johns Hopkins Room*

286 Physical health for adolescents and young adults and the importance of being active.

Tracy Tierney, Certified Personal Trainer, Thyroid Cancer Survivor.

Benjamin Banneker Room AYA

287 Doctor-patient communication. The importance of saying, "I don't know what you mean."

Douglas Van Nostrand, M.D., Nuclear Medicine Specialist. *Harriet Tubman Room*

288 Roundtable: Multigenerational family communications during thyroid cancer.

Barb Allhoff, ThyCa Volunteer. *Eubie Blake Room*

289 Medullary thyroid cancer: Ask a doctor your questions.

Douglas W. Ball, M.D., Endocrinologist. *H.L. Mencken Room M*

5:30 - 9:00 p.m.

ThyCa Dinner/Auction to Raise Funds for Thyroid Cancer Research.

Silent Auction. Outside *Billie Holiday Room*

291, 292 & 293 Dinner. *Harbor, Annapolis and Chesapeake Rooms*

- Come for the Dinner/Auction to support Thyroid Cancer Research from 5:30 - 9:00 p.m. (tickets required).
- R. Michael Tuttle, M.D., and Gary Bloom present ThyCa's Distinguished Service Award to **Kenneth D. Burman, M.D., Douglas Van Nostrand, M.D., and Leonard Wartofsky, M.D.**, ThyCa Medical Advisors, in gratitude for their many years of dedicated service to ThyCa.
- Cash bar 5:30 p.m. - midnight.
- "Radioactive" Dance & Choreography: Ella Norlen, with music by Martin Carlén (original by Imagine Dragons)
- Auction check-out. Pick up your auction items from 9:30 - 10 p.m.
- Music and dancing from 9 p.m. - midnight (free).
- Stay and enjoy the whole evening!

Even if you don't attend the Dinner/Auction, please join in the free fun at 9 p.m.

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Sunday, October 8, 2017

8:00 a.m. Registration Desk Opens in Conference Central. *Billie Holiday Room*

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8:00 - 9:05 a.m. Early-Bird Sessions

301 A discussion about thyroid hormone therapy, testing, and dosing, including synthetic, NDT, and T3. Can my lifestyle affect how I feel?

Jacqueline Jonklaas, M.D., Ph.D., M.P.H., Endocrinologist. *Harbor Room*

302 Radioactive iodine therapy for distant metastases in papillary and follicular thyroid cancer. Kanchan P. Kulkarni, M.D., Nuclear Medicine Specialist. *Annapolis Room PF*

303 New developments in medullary thyroid cancer therapy.

Barry D. Nelkin, Ph.D., Researcher. *Chesapeake Room M*

304 Shaking off the blues: Strategies for recognizing negative thinking and how to change negative thoughts. Kristi D. Graves, Ph.D., Clinical Psychologist. *Frederick Douglass Room*

305 Helping children and teens cope with thyroid cancer, as well as differences in care for youths and adults. Andrew J. Bauer, M.D., Endocrinologist. *Johns Hopkins Room AYA Ped*

306 Roundtable: How can people without specialists receive fast diagnosis and quality care?

Situations may include insurance limits, financial issues, living in a rural and remote community, or another factor for underserved populations. Cherry Wunderlich, ThyCa Volunteer.

Benjamin Banneker Room

307 Tearing after radioactive iodine treatment.

Fatemeh P. Rajaii, M.D., Ph.D., Ophthalmologist. *Harriet Tubman Room PF*

9:15 - 9:25 a.m.

311 Morning announcements. Vanda White, ThyCa Volunteer. *Harbor Room*

9:35 - 10:40 a.m.

321 Immunotherapy now and in the future: Its potential role in treating advanced metastatic thyroid cancer. Ann W. Gramza, M.D., Oncologist. *Harbor Room Adv*

322 Dealing with pregnancy and thyroid cancer.

Jacqueline Jonklaas, M.D., Ph.D., M.P.H., Endocrinologist. *Annapolis Room*

323 Medullary thyroid cancer: Clarifying any confusion.

R. Michael Tuttle, M.D., Endocrinologist. *Chesapeake Room M*

324 Pediatric thyroid cancer as we move into adulthood.

Andrew J. Bauer, M.D., Endocrinologist. *Frederick Douglass Room AYA Ped*

325 What can you do to improve the quality of your health care?

Jayme Ewanichak, C.R.N.P., Nurse Practitioner. *Johns Hopkins Room*

326 Introduction to the Alexander Technique: A mind-body approach to improving balance, relaxation, coordination, and ease of movement.

Antoinette Kranenburg, M.A. Certified Alexander Technique Trainer.

Benjamin Banneker Room

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Sunday, October 8th, 9:35 - 10:40 a.m.

327 Skills to improve interpersonal communication. This session will teach attendees strategies to promote active listening and reflective communication.

Kristi D. Graves, Ph.D., Clinical Psychologist. *Harriet Tubman Room*

328 Anaplastic thyroid cancer discussion with a doctor. Jochen Lorch, M.D., Oncologist.

Eubie Blake Room A

10:00 a.m. - 2:00 p.m.

Graves' Disease and Thyroid Foundation Seminar with Physician Speakers plus Roundtables.

ThyCa attendees can attend any sessions of this seminar. *H.L. Mencken Room*

10:50 - 11:55 a.m.

331 When papillary or follicular thyroid cancer doesn't respond to radioactive iodine:

What are the treatment options and the role of genomic analysis?

Jochen Lorch, M.D., Oncologist. *Harbor Room PF*

332 Back to the basics: Talking about iodine and thyroid physiology.

Donald Margouleff, M.D., Nuclear Medicine Physician, Emeritus. *Annapolis Room*

333 Medications impacts and side effects: Key questions such as how to prevent or reduce side effects from targeted therapies and chemotherapy, and whether diabetes medications cause or worsen medullary thyroid cancer?

Paula M. Hale, M.D., Endocrinologist, and R. Michael Tuttle, M.D., Endocrinologist. *Chesapeake Room*

334 Quiet room for reading materials, relaxing, or meditating. *Frederick Douglass Room*

335 Time for time management: Keeping your life/health/work in balance.

Meryl Mosack, Time Management Trainer. *Johns Hopkins Room*

336 Learn about deep breathing, meditation, and chair yoga.

Melanie Blank, M.D., Yoga Teacher. *Benjamin Banneker Room*

337 Fundraising for research: Moving toward our dream of cures for all thyroid cancer.

Gary Bloom, ThyCa Executive Director, and Anita Hubbard, ThyCa Volunteer.

Harriet Tubman Room

12:15 - 1:20 p.m. Lunch & Learn Sessions. Bring lunch.

341 Ask a doctor your last questions at this year's conference about any type of thyroid cancer. R. Michael Tuttle, M.D., Endocrinologist. *Harbor Room*

342 Roundtable: Share your tips for using the low-iodine diet when preparing to receive radioactive iodine. Karen Ferguson and Evelyn Gross, ThyCa Volunteers.

Annapolis Room PF

343 Roundtable: Getting involved, volunteering and becoming active in ThyCa support services. Theresa Wickerham, ThyCa Program Coordinator. *Chesapeake Room*

344 Roundtable: Coping with thyroid cancer and another medical issue at the same time.

Tommy Stewart, ThyCa Volunteer. *Frederick Douglass Room*

345 Why attend a support group? Pat Paillard, ThyCa Volunteer. *Johns Hopkins Room*

346 Quiet room for reading materials, relaxing, or meditating. *Benjamin Banneker Room*

Session Key by Suggested Audience

You are welcome to attend any session. The key indicates sessions of particular interest to some audience.

A-Anaplastic
M-Medullary

C-Caregivers
N-Newly Diagnosed

Adv-Advanced Disease
PF-Papillary/Follicular

Ped-Pediatric
AYA-Adolescent/Young Adult

Sunday, October 8th, 1:35 - 2:40 p.m.

351 Roundtable: Coping when newly diagnosed and during the first year.

Roberta Perry and Carol DiFelice, ThyCa Volunteers. *Harbor Room N*

352 Roundtable: Coping after the first year and over the long term, including recurrence.

Vanda White and Cal Pierce, ThyCa Volunteers. *Annapolis Room*

353 Roundtable: Coping with metastatic progressing disease.

Tommy Stewart and Lewis Dawson, ThyCa Volunteers. *Chesapeake Room Adv*

354 Young adults roundtable: What are the key issues for young adults?

Chris Kidwell and Tim Lau, ThyCa Volunteers. *Frederick Douglass Room AYA*

2:50 - 3:30 p.m.

361 Conference wrap-up: Resources and next steps after the conference, your feedback on the conference, and suggestions for next year.

Gary Bloom, ThyCa Executive Director, and Conference Team. *Harbor Room*

Thank you for coming! We hope to see you next year!

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Session Key by Suggested Audience

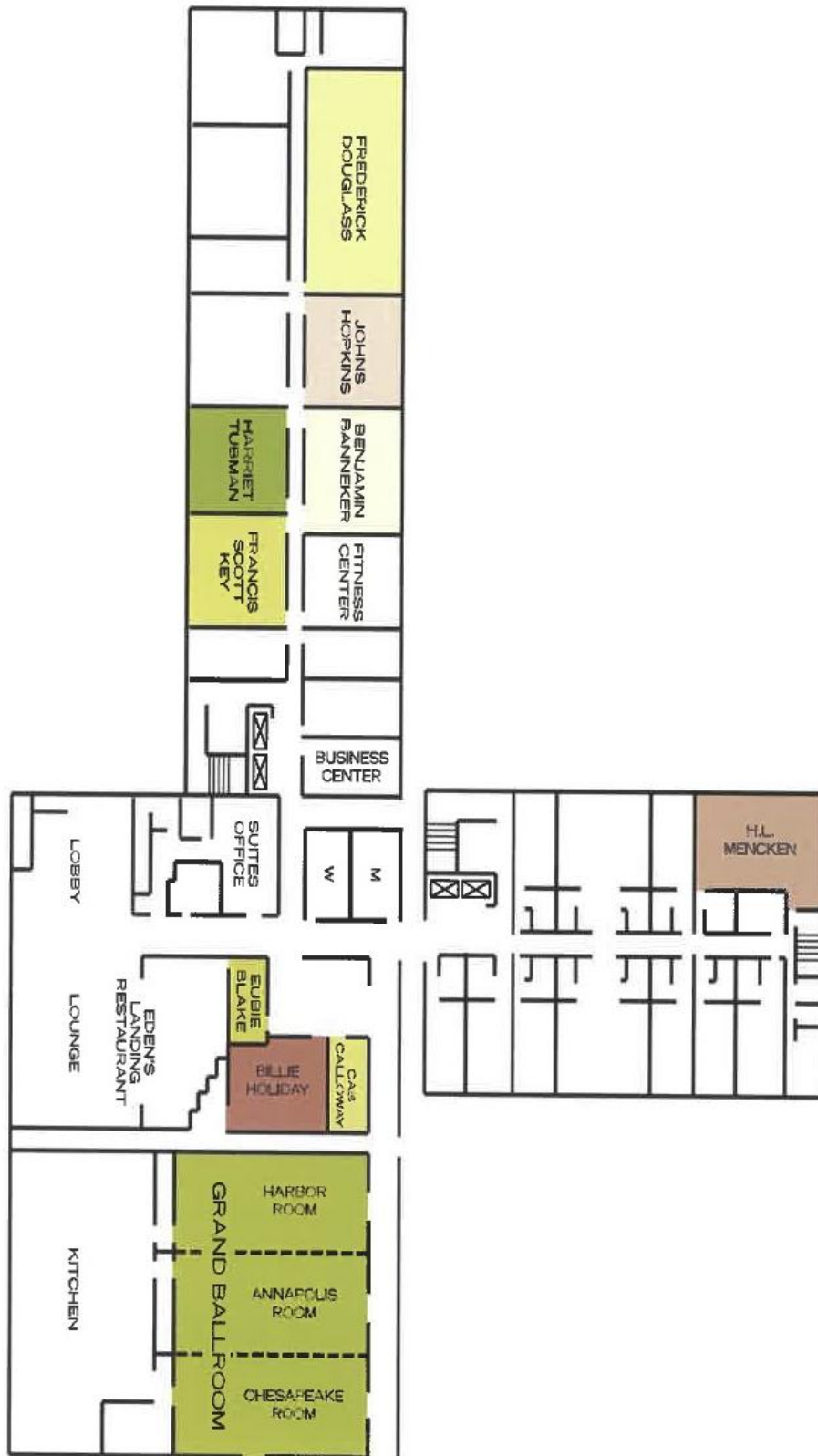
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