

# *Top 10 things to know about* **Thyroid Cancer**

1. Thyroid cancer has had the fastest increase in incidence of any cancer in recent years.
2. Thyroid cancer affects people of all ages, from young children to seniors.
3. Both women and men get thyroid cancer — more than two-thirds of the people with thyroid cancer are women.
4. Thyroid cancer has many types and variants, with treatment tailored to the type and individual.
5. When found early, thyroid cancer is usually treatable.
6. Even when treatable, thyroid cancer is life-disrupting, expensive, and stressful for patients and loved ones.
7. A simple Neck Check done by a medical professional during a routine appointment can detect a thyroid nodule.
8. Most thyroid nodules are benign, not cancer.
9. However, some thyroid cancers are aggressive and difficult to treat.
10. Free information, packets by mail, support groups, educational events, and more are available from the nonprofit ThyCa: Thyroid Cancer Survivors' Association, Inc. at [www.thyca.org](http://www.thyca.org). Founded in 1995, we serve patients, families, medical professionals, and the public around the world. We are guided by our Medical Advisory Council of distinguished thyroid cancer experts.

*For our award-winning educational web site, free awareness brochures, free newsletters, support groups, and conference/workshop information, contact us.*



**ThyCa: Thyroid Cancer Survivors'  
Association, Inc.<sup>SM</sup>**

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A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals, serving people worldwide