

friendly people who have been there and want to help, and much more. It tells you what your doctor knows about this disease. It should help you to understand and to fight back. Reliable information is a powerful weapon against cancer. It not only puts the problem in perspective, but it gives options and choices that might not be readily apparent to a person. This book might at first glance look intimidating, containing more than you want to know about thyroid cancer and a bit daunting to a person who has no medical background. Reading it like you would a novel is probably not the right approach for most people. I never read textbooks from cover to cover—I can't remember what I am reading when I take this approach. Instead I hunt and peck for information that I want. When one of my questions is answered a barrage of new ones comes to mind. If you do this, you will find the book a rich source of information, treasures, and nuggets—what doctors have for years called “pearls.”

So, this is a book of “pearls” for patients. I have no doubt that my patients will find the answers for many questions that they just don't remember to ask when they are in the office. You will find that this book has answers from experts and truly dedicated people who want to make your life or that of someone dear to you better. My guess is that your doctor will provide further clarification and tailoring of the answers to your personal problem, but you will have a better grasp of the information about your thyroid cancer when the doctor does this.

Physicians must respect the wishes of our patients. To make your own choices and decisions you need information. This book will give you that knowledge. It will give you options and will help you define your own personal choices. This is necessary if you want to help your doctor find the best routes for your recovery. It's your body and your choices that count!

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