

Saturday, May 21, 2016 – 15th Annual Thyroid Cancer Survivors' Mid-Atlantic Workshop

Program Schedule

8:00 a.m. – 3: 30 p.m.

Registration, Information and Resource Tables. *Edu 1*

8:00 – 9: 00 a.m.

Informal Conversation: Getting Acquainted with Each Other.

Gloria Keller and Vanda White. *Auditorium AC*

9:00 – 9:15 a.m.

Welcome. Cal Pierce. *Auditorium AC*

9:15 – 10:15 a.m.

Papillary and Follicular Thyroid Cancer: Treatment and Follow-Up for Different Risk Levels.

Jacqueline Jonklaas, M.D., Endocrinologist. *Auditorium AC*

Roundtable: Coping with Stress and Fears Around a Cancer

Diagnosis, Treatment, and Testing. Ronni Emden, L.C.S.W.-C.
Edu 3

10:15 – 10:30 a.m. Break

10:30 – 11: 30 a.m.

Preparation and Recovery for First or Further Thyroid Surgery, Partial vs. Total Thyroidectomy, Neck Dissection; Voice and Parathyroid Concerns. Jennifer E. Rosen, M.D., Endocrine Surgeon.
Auditorium AC

Roundtable: Complementary Approaches and Integrative Health Care: Sharing Our Experiences. Cal Pierce. *Edu 3*

11:30 – 11:45 a.m. Break

11:45 a.m. – 12:45 p.m.

I-131 Therapy—When It's Used/Not Used, Dose Decisions, Preparation, and Follow-up; Plus Imaging Techniques in Thyroid Cancer Monitoring. Douglas Van Nostrand, M.D., Nuclear Medicine Physician. *Auditorium AC*

Roundtable: Coping With a Diagnosis, During Treatment, and Over the Long Term, Including Coping with Vocal Cord Issues. Vanda White. *Edu 3*

Roundtable: Ask About ThyCa: Thyroid Cancer Survivors' Association and How You Can Get Involved. Gary Bloom. *Edu 1*

12:45 – 1:45 p.m. Lunch and Learn

(Get your lunch anytime in the morning and bring it to a session. Come in as soon as you have your food. The Cafeteria is on the Second Floor.)

Ask a Doctor Your Questions About Your Long-Term Management, Including How the New ATA Guidelines Impact Managing Your Care. Kenneth D. Burman, M.D., Endocrinologist. *Auditorium AC*

Roundtable: If You're New to a Thyroid Cancer Diagnosis, or New to a Meeting Environment. We Can Help You Get Comfortable. Gloria Keller. *Edu 3*

1:45 – 2:00 p.m. Break

2:00 – 3:00 p.m.

An Overview of Clinical Trials at The National Institutes of Health, Including Discussing a Current Thyroid Cancer Trial: Whether or Not to Have a Thyroidectomy. Naris Nilubol, M.D., Endocrine Surgeon. *Auditorium AC*

Roundtable: Reviewing the Day's Information. ThyCa Volunteers. *Edu 3*

3:00 – 3:30 p.m.

Questions You Haven't Asked Yet, Workshop Highlights, Your Feedback, and Drawing for Prizes. Gary Bloom. *Auditorium AC*

Thank You to our Speakers...

- Kenneth D. Burman, M.D.**, Endocrinologist,
MedStar Washington Hospital Center, Washington, D.C.
Jacqueline Jonklaas, M.D., Endocrinologist,
MedStar Georgetown University Medical Center, Washington, D.C.
Naris Nilubol, M.D., Endocrine Surgeon,
National Institutes of Health, Bethesda, MD
Jennifer E. Rosen, M.D., Endocrine Surgeon,
MedStar Washington Hospital Center, Washington, D.C.
Douglas Van Nostrand, M.D., Nuclear Medicine Physician,
MedStar Washington Hospital Center, Washington, D.C.

Thank You to our Workshop Organizers and Volunteers

- *ThyCa Support Groups in Baltimore, Northern Virginia, Rockville, and Washington, DC (Silver Spring):* Gary Bloom (ThyCa Executive Director), Hilary Bloom, Simone Bloom, Ronni Emden, Gloria Keller, Sheldon Lehner, Cal Pierce, Bruce Rubin, Katherine Silkin, Barbara Statas, Michele Mariani Vaughn, Vanda White, Cherry Wunderlich, and Debra Yarcho.
- Plus numerous “unseen” ThyCa Volunteers around the country who helped: Toll-Free Number Team, E-Mail Team, and more

Special Thanks to...

Holy Cross Hospital • American Thyroid Association

How To Help — Visit www.thyca.org for details

- Give Thyroid Cancer Awareness brochures to your friends and relatives.
- Become a ThyCa Volunteer — New volunteers welcome at any time
- Become a ThyCa Member — One year \$25, 2 years \$45, Lifetime \$225
- Donate to ThyCa's Rally for Research for Thyroid Cancer Research
- Support Thyroid Cancer Awareness Month — each September, worldwide. Sponsored by ThyCa

Come to the **19th International Thyroid Cancer Survivors' Conference • October 21-23, 2016 • Los Angeles, California**

Welcome to the
Thyroid Cancer Survivors'
15th Mid-Atlantic Workshop

Saturday, May 21, 2016

FREE

8 a.m. - 3:30 p.m.

Holy Cross Hospital, Education Center off Main Lobby
1500 Forest Glen Road, Silver Spring, MD



Sponsored by

**ThyCa: Thyroid Cancer
Survivors' Association, Inc.SM**
www.thyca.org

A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.

P.O. Box 1102, Olney, MD 20830-1102

Toll-Free: 1-877-588-7904 • E-mail: thyca@thyca.org