Program Update — October 16, 2005

You may register on site at the conference, either for all three days or for part of the conference. We welcome walk-in attendees. Scholarships are available. Parking is free. For transportation directions and more details, visit www.thyca.org.

Welcome to the
8th International
Thyroid Cancer Survivors’ Conference

October 21-23, 2005
Sheraton Denver West Hotel
360 Union Boulevard
Lakewood (Denver), Colorado

Sponsored by
ThyCa: Thyroid Cancer Survivors’ Association, Inc.
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PROGRAM— 8th INTERNATIONAL THYROID CANCER SURVIVORS’ CONFERENCE

Program Schedule Preview

We’re pleased to present our schedule, as of October 16th. The meeting room is listed in italics after the session topic and speaker. At the conference, you will receive updates as well as our Daily Update Bulletin.

Friday, October 21, 2005

8:00 a.m. Registration Desk Opens in Conference Central. Geneseec. Walk-in conference attendees and registrations are welcome each day.
Sign up for individual Reiki sessions (free, about 30 minutes each) for Saturday morning.
Survivors’ Creative Expressions Exhibit Opens: Art, Crafts, Creative Writings.
Informal Conversations in the Session Rooms.

9:30 – 9:45 a.m.
101 Welcome and Morning Announcements. Sara Gorrell Brenner, ThyCa Volunteer. City Lights I and II.

9:45 – 10:45 a.m.
111 Open Mike Survivors’/Caregivers Roundtable. Joel Amromin, ThyCa Volunteer. City Lights I.
112 Open Mike Survivors’/Caregivers Roundtable. Jody Campbell, ThyCa Volunteer. City Lights II.
113 Open Mike Survivors’/Caregivers Roundtable. Wendy Hull, ThyCa Volunteer. City Lights III.

11:00 a.m. – 12:00 p.m.
122 Roundtable: Medullary Thyroid Cancer. Jan Halzel, Pharm.D., ThyCa Volunteer. City Lights III.
123 Thyroid Surgery Including Minimally Invasive Techniques. Christopher D. Raeburn, M.D., Surgeon. City Lights II.

12:15 – 12:50 p.m.
131 Treatment and Follow-up for Advanced Disease, including Anaplastic. Bryan R. Haugen, M.D., Endocrinologist. City Lights I.
132 Drugs in Research: Introduction to Targeted Therapies for Medullary Thyroid Cancer. Jan Halzel, Pharm.D., ThyCa Volunteer. City Lights III.
133 Roundtable for Newcomers to Thyroid Cancer. Jessica Jones and Theresa Missey, ThyCa Volunteers. City Lights II.
135 Roundtable: Living with Papillary or Follicular Thyroid Cancer. Joel Amromin and Saundra Triplett, ThyCa Volunteers. Mt. Vernon.
136 Complementary Approaches for Well-Being—Sharing What We Find Helpful. Sally Snyder, ThyCa Volunteer. Green Mountain.

Thank you for coming to the 8th Annual ThyCa Conference! We are delighted that you are here.
Friday, October 21, 2005 — continued

1:00 – 2:15 p.m.
142 Roundtable: Medullary Thyroid Cancer. Mary K. Debenedetti, R.N., B.S.N., Research Nurse. City Lights III.
146 Roundtable: Anaplastic Thyroid Cancer. Cheri Wallace Lindle, ThyCa Volunteer. Green Mountain.

2:30 – 3:45 p.m.
151 Ask a Doctor: Management of Papillary and Follicular Thyroid Cancer over the Lifetime. Ernest L. Mazzaferri, M.D., Endocrinologist. City Lights I.
152 Medullary Thyroid Cancer: A Medical Overview After Diagnosis. Samuel A. Wells, M.D., Surgeon. City Lights III.
153 Food and Weight: Using the Temporary Low Iodine Diet, and Understanding Healthy Weight Management at Every Age. Christina Reiter, M.S., R.D. City Lights II.
154 Coping with Fatigue Connected with Treatment or Testing. Peggy Melton and Tammy Kilhullen, ThyCa Volunteers. Red Rocks.
156 Anaplastic Thyroid Cancer Roundtable: Survivors’ and Caregivers’ Perspectives. Clayton Twigg and Rose Twigg, ThyCa Volunteers. Green Mountain.

4:00 – 5:15 p.m.
161 Doctor/Researcher Perspective: Thyroid Cancer Care and Research. Paul S. Kim, M.D., Endocrinologist. City Lights I.
162 Research Update: Medullary Thyroid Cancer. Samuel A. Wells, M.D., Surgeon. City Lights III.
163 Survivors and Caregivers Roundtable: Coping Skills for Well-Being. ThyCa Volunteers. City Lights II.
166 Ask a Doctor about Anaplastic Thyroid Cancer. Ernest L. Mazzaferri, M.D., Endocrinologist. Moderator, Bob Legler, Anaplastic Thyroid Cancer Survivor and ThyCa Volunteer. Green Mountain.

Friday Evening
Benefit Fundraiser
ThyCa Dinner/Auction
6 - 10 p.m.
to raise funds for Thyroid Cancer Research
The delicious three-course dinner costs $50. We welcome added donations (tax deductable).
If you have not yet made your reservation for this wonderful event, please purchase your tickets at the Registration Table in Conference Central.

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Saturday, October 22, 2005

8:00 a.m. Registration Desk Opens in Conference Central.
Sign up in for individual Reiki sessions (free, about 30 minutes each).
Survivors’ Creative Expressions Exhibit.

8:00 – 9:00 a.m. Early-Bird Sessions
202 Medullary Thyroid Cancer: A Primer for Thyroid Cancer Support Group Facilitators. Jan Halzel, Pharm.D., ThyCa Volunteer. Golden.
203 General Follow-up after the First Year and Negative Scans, for Papillary or Follicular Thyroid Cancer. Cherry Wunderlich, ThyCa Volunteer, and Gail Hayutin, Genzyme Therapeutics. Morrison.
206 Individual Reiki Sessions. (Free; Sign up in Conference Central) Betty Solbjor, Reiki Master/Practitioner, and other Reiki Practitioners. Lookout Mountain.

9:00 – 9:10 a.m.

9:15 – 10:30 a.m.
226 Caring for the Caregiver. For caregivers only. Patricia Scott, R.N., B.S.N., ThyCa Volunteer. Green Mountain.
227 Individual Reiki Sessions. (Free; Sign up in Conference Central) Betty Solbjor, Reiki Master/Practitioner, and other Reiki Practitioners. Lookout Mountain.

10:45 a.m. – 12:00 p.m.
231 Ask a Surgeon about Surgical Issues in Thyroid Cancer Care. David Myssiorek, M.D., Surgeon. Bergen Park.
232 If You’re New to Thyroid Cancer: Things You Need To Know, Questions and Answers. Michael T. McDermott, M.D., Endocrinologist. Golden.
237 Individual Reiki Sessions. (Sign up in Conference Central) Betty Solbjor, Reiki Master/Practitioner, and other Reiki Practitioners. Lookout Mountain.

This conference was created for you, by volunteers. We invite you to plunge into this event. Ask questions, write down the answers, share your story, listen to others. Find the balance of support and education that you need. Take what works for you and leave the rest.
PROGRAM — 8th INTERNATIONAL THYROID CANCER SURVIVORS’ CONFERENCE

Saturday, October 22, 2005 — continued

12:15 – 12:50 p.m. Lunch and Learn Roundtables. Bring your lunch.
242 Discussion about Developing MTC Site to Add to the ThyCa Web Site. Jan Halzel, Pharm.D., ThyCa Volunteer. Golden.
244 Roundtable for Current and Prospective Volunteers for ThyCa’s Person-To-Person Network: About the Network and How To Get Involved. Peggy Melton, ThyCa Volunteer. Red Rocks.
247 My Experience with Thyroid Cancer. Theresa Marchetta, 7News Anchor/Reporter. Lookout Mountain.

1:00 – 2:15 p.m.

2:30 – 3:45 p.m.
261 Communicating with the Medical Team and Coping with Fears about Testing, Treatment, Recurrence. Steven G. Waguespack, M.D., Endocrinologist. Bergen Park.
262 Fitness and Exercise While On and Off Thyroid Medication. Jeff Klaas, ThyCa Volunteer. Golden.
263 Ask a Doctor about Medullary Thyroid Cancer. Douglas W. Ball, M.D., Endocrinologist. Morrison.
265 A Mental Health Patient’s Perspective on Mental Challenges, Disability, and Using Community Resources such as NAMI and MHA. Paul Bregman, M.D., disabled with bipolar illness, retired radiologist, volunteer for Denver NAMI and MHA of Colorado. Mt. Vernon.
266 Anaplastic Thyroid Cancer. Madeleine Kane, M.D., Medical Oncologist. Green Mountain.

4:00 – 5:15 p.m.
271 Ask a Medical Oncologist: What’s Next in Treatment and Clinical Trials. Madeleine Kane, M.D., Medical Oncologist. Bergen Park.

5:30 – 6:15 p.m.
281 ThyCa Annual Meeting, Volunteer Appreciation, and Informal Social Time. Bring your suggestions for strengthening ThyCa’s support services! Stay for conversation, drinks, and snacks! City Lights I.
Sunday, October 23, 2005
8:00 a.m. Registration Desk Opens in Conference Central. Genesee.
Survivors’ Creative Expressions Exhibit.

8:00 – 9:00 a.m. Early-Bird Sessions
302 Roundtable: Your Ideas for Enhancing Thyroid Cancer Awareness and Education. Betty Solbjor, ThyCa Webmistress; Cherry Wunderlich, ThyCa Outreach and Publications Coordinator. Golden.
306 Quiet Room: Meditation, Prayer, or Reflection, in Your Own Tradition. No leader. You may come and go as you wish. Green Mountain.

9:00 – 9:10 a.m.

9:15 – 10:30 a.m.
321 Ask an Endocrinologist about Thyroid Cancer Care. E. Chester Ridgway, M.D., Endocrinologist. Bergen Park.
325 When a Child or Adolescent Has Thyroid Cancer. Whitney Woodmansee, M.D., Endocrinologist. Mt. Vernon.
326 Fundraising for Research: Moving Toward Our Dream of a Cure for all Thyroid Cancer. Leah Guljord, ThyCa Volunteer. Green Mountain.

10:45 a.m. – 12:00 p.m.
331 Thyrogen Update and the Role of Thyroglobulin Monitoring With or Without RAI Scans. Whitney Woodmansee, M.D., Endocrinologist. Bergen Park.
332 Pain Management and Palliative Care: Clinical, Legal, and Ethical Issues in Managing Chronic or Severe Pain. Perry G. Fine, M.D., Anesthesiologist, Pain Researcher, and Vice President, National Hospice and Palliative Care Organization. Golden.
334 From a Negative to a Positive: Thyroid Cancer and Becoming National Memory Champion; and The Seven Fundamentals of Memory and How To Use Them. Scott Hagwood, National Memory Champion. Red Rocks.
335 Roundtable: Perspectives of Parents and Siblings of Thyroid Cancer Survivors. Louise Samuel, ThyCa Volunteer. Mt. Vernon.
336 Roundtable: Living with Metastatic Papillary or Follicular Disease That’s Stable or Progressing Slowly. Kim Samuel and Jo Walker, ThyCa Volunteers. Green Mountain.
We would like to send a special thank you to all the presenters who contributed to this wonderful weekend. We appreciate your donation of your time and your expertise, your support of ThyCa, and your commitment to the well-being of thyroid cancer survivors and caregivers. Thank you.