Program Preview—

Updated Preliminary Schedule as of October 12, 2009

At the conference, you will receive our Daily Update Bulletin with any updates or changes.

Friday, October 16, 2009

8:00 a.m. Registration Desk Opens in Conference Central. North Shore A Ballroom
- Walk-in conference attendees and registrations are welcome each day. Scholarships are available.
- Purchase tickets for Saturday Night’s Dinner/Auction Fundraiser for Thyroid Cancer Research.
- Visit the Survivors’ Creative Expressions Exhibit and Resource Tables.
- Lunch options are onsite any time during late morning through mid-afternoon. Get your food before or after “Lunch Hour” to reduce lines during the time of the Lunch and Learn Sessions.

9:30 - 9:45 a.m.
101 Welcome and Morning Announcements. Sandy Triplett, ThyCa Volunteer. North Shore B Ballroom

9:45 - 10:45 a.m. Getting To Know People with All Types of Thyroid Cancer
111 Open Mike Survivors’/Caregivers Roundtable. ThyCa Volunteers. North Shore B Ballroom
112 Open Mike Survivors’/Caregivers Roundtable. ThyCa Volunteers. Newburyport
113 Open Mike Survivors’/Caregivers Roundtable. ThyCa Volunteers. North Shore C Ballroom
114 Open Mike Survivors’/Caregivers Roundtable. ThyCa Volunteers. Gloucester
115 Open Mike Survivors’/Caregivers Roundtable. ThyCa Volunteers. Marblehead A
116 Open Mike Survivors’/Caregivers Roundtable. ThyCa Volunteers. Marblehead B
FRIDAY…11:00 a.m. - 12:00 p.m.

121 The ABCs of Thyroid Cancer: An Explanation of Various Terms Doctors Use When Talking With Their Patients, Part 1. Erik Alexander, M.D., Endocrinologist. North Shore B Ballroom

122 Challenges Associated With Developing a Treatment for Thyroid Cancer - A Drug Company’s Perspective. For anyone dealing with a thyroid cancer diagnosis. George Scangos, Ph.D., President of Exelixis. Newburyport

123 Let’s Talk: Choosing Support/Avoiding Withdrawal. Margot Gibbs, M.A., Psychotherapist. This workshop is designed to address the emotional needs of thyroid cancer survivors at all stages of coming to terms with the disease. When serious illness strikes, the tendency for many is to withdraw and struggle privately. We irrationally tell ourselves that we’ll reach out when we feel better, limiting our options for support. As a result, loneliness and fear can become overwhelming at the time we most need to reach out to others. In this session, we will address and practice the challenge of opening our hearts here with others in the group, gaining confidence in the process. North Shore C Ballroom

124 Caregivers Survival Tools for Coping with Stress. Diane Blake, M.A. Cancer patients and their families are on an emotional roller coaster. Waiting for diagnostic test results, witnessing the after effects of radiation and discovering your loved one’s cancer has metastasized are just a few of the stressful events that can occur. Job loss, escalating financial pressures, family expectations and lifestyle changes are aspects of an illness that one is not always ready for. Recognizing the stresses involved in living with cancer, knowing the resources available to you and utilizing them can enhance the quality of your lives and help you to live life to the fullest. Gloucester

125 A Path Towards Understanding: Seeing Others through the Lens of DiSC. Cheri Lindle, M.Ed. The goals of this session are: 1. Gain a brief understanding of your own DiSC style; 2. Become aware of how you tend to deliver information to others, based on who you are; 3. Gain an understanding of style differences, as it relates to doctor / patient / loved one –relationships; 4. Gain an understanding of you or your loved one’s style, as it relates to how you (or they) deal with the diagnosis and cancer journey. Marblehead A

12:15 - 12:50 p.m. Lunch and Learn Roundtables. Bring your lunch.

131 Roundtable: Living With Thyroid Cancer in the First Few Years After Diagnosis and Treatment. Tom Engle, Karen Ferguson, and Connie Schade, ThyCa Volunteers. North Shore B Ballroom


133 Roundtable: If You’re New to Thyroid Cancer. Joanie Bruce and Christine Ciletti, ThyCa Volunteers. North Shore C Ballroom

134 Roundtable: Familial Papillary/Follicular (Non-Medullary) Thyroid Cancer. Leah Guljord, ThyCa Volunteer. Gloucester

135 Roundtable: Anaplastic Thyroid Cancer. Clayton Twigg and Rose Twigg, ThyCa Volunteers. Marblehead A
FRIDAY ...1:00 - 2:15 p.m.
141 Treatment of Metastatic Differentiated Thyroid Cancer: When To Treat, and Treatment Options. Naifa L. Busaidy, M.D., Endocrinologist. North Shore B Ballroom
142 Medullary Thyroid Cancer: A Case Based, Interactive Overview of Newly-Diagnosed Medullary Thyroid Cancer. Janis I. Halzel, Pharm.D., ThyCa Volunteer. Newburyport
143 Preparing for Receiving Radioiodine (I-131) and Handling the Period Afterward: Coping in the Hospital or at Home Afterward. Peter Crane, Esq., ThyCa Volunteer, and Jim Luehman, Deputy Director Division of Materials Safety and State Agreements, U.S. Nuclear Regulatory Commission. North Shore C Ballroom
145 Dealing with Issues Related to Hypoparathyroidism. Carol Sanders, Hypoparathyroidism Association. Marblehead A
146 Volunteer Training for Current ThyCa Volunteers. Peggy Melton and Sandy Triplett, ThyCa Volunteers. Marblehead B
147 Complementary Approaches for Well-Being. Discussion on Reiki, Yoga, Sound Healing, Other. Betty Solbjor, Reiki Master/Practitioner. Manchester

2:30 - 3:45 p.m.
151 Ask an Oncologist About Treatment of Iodine-Resistant Advanced Differentiated Thyroid Cancer. Lori J. Wirth, M.D., Medical Oncologist. North Shore B Ballroom
152 Medullary Thyroid Cancer: A Case Based, Interactive Overview of Advanced Medullary Thyroid Cancer. Janis I. Halzel, Pharm.D., ThyCa Volunteer. Newburyport
153 Voice Disorders As They Relate to Thyroid Cancer and Surgery. Glenn W. Bunting, M.S., Speech Pathologist. North Shore C Ballroom
154 Fit for Life! The Journey Toward Health & Wellness. Julie A. Rosenberg, M.D., Oncologist. Gloucester
155 Living With Cancer as a Long-Term Survivor. Gail Gundling, ThyCa Volunteer. Marblehead A
156 Anaplastic Thyroid Cancer: Treatment, Research, Clinical Trials. Ernest L. Mazzaferri, M.D., Endocrinologist. Marblehead B
157 Roundtable: Dealing with Pediatric Thyroid Cancer. Yvonne Harris, ThyCa Volunteer. Manchester
FRIDAY...4:00 - 5:15 p.m.
161 Ask a Doctor: What You Need to Know Following Your Recent Diagnosis of Papillary or Follicular Thyroid Cancer. Ernest L. Mazzaferri, M.D., Endocrinologist. North Shore B Ballroom
163 Ask a Doctor: Questions about Papillary/Follicular (Non-Medullary) Familial Thyroid Cancer. Carl D. Malchoff, M.D., Otolaryngologist, North Shore C Ballroom
164 Ask a Doctor: Questions for a Thyroid Cancer Surgeon. Joseph Scharpf, M.D., Surgeon. Gloucester
165 Managing Thyroid Cancer for Those Diagnosed Before Age 18: Answering Your Questions About Treatment, Testing and Research. Paul R. Krakovitz, M.D., Otolaryngologist. Marblehead A
166 Meeting Others Dealing with Anaplastic Thyroid Cancer. Cheri Lindle, ThyCa Volunteer. Marblehead B

5:30 - 7:00 p.m.
171 Special Event:
ThyCa Volunteer Appreciation Reception
ThyCa Slide Show
Annual Meeting, and
Informal Social Time with Refreshments.
Free. Bring your suggestions for strengthening ThyCa’s support services! Stay for conversation, drinks, and snacks! Refreshments courtesy of our friends at AstraZeneca. Grand Ballroom 2

5:00 - 9:00 p.m. Your choice for dinner.
181 Dinner on Your Own. Enjoy dinner at the hotel or a local area restaurant with new or old friends.
182 Dinner for Medullary Families. See the Medullary Group Volunteers for details.
Saturday, October 17, 2009

8:00 a.m. Registration Desk Opens in Conference Central. North Shore A Ballroom
- Walk-in conference attendees and registrations are welcome. Scholarships are available.
- Purchase tickets (by noon) for Tonight’s Dinner/Auction Fundraiser for Thyroid Cancer Research.
- Lunch options are onsite any time during late morning through mid-afternoon. Get your food before or after “Lunch Hour” to reduce lines during the time of the Lunch and Learn sessions.

8:00 - 9:00 a.m. Early-Bird Sessions
201 The ABCs of Thyroid Cancer: An Explanation of Various Terms Doctors Use When Talking With Their Patients, Part 2. Lewis E. Braverman, M.D., Endocrinologist. North Shore B Ballroom
202 Medullary Thyroid Cancer: Other Manifestations of MEN2 Such as Pheochromocytoma or Hyperparathyroidism. Robert F. Gagel, M.D., Endocrinologist. Newburyport
203 Ask a Doctor about Thyroid Cancer Scans and New Imaging Techniques. Donald Margouleff, M.D., Nuclear Medicine Physician. North Shore C Ballroom
204 Open Discussion about What Defines Advanced Cancer in Different Types of Thyroid Cancer. R. Michael Tuttle, M.D., Endocrinologist. Gloucester
205 Starting at 8:30 a.m. Free Reiki Sessions, 15 minutes each. Betty Solbjor and other Reiki Practitioners. No reservations or signup. Just walk in. Marblehead A
206 Roundtable: Meeting Others Dealing with Pediatric Thyroid Cancer. Yvonne Harris, ThyCa Volunteer. Marblehead B

9:00 - 9:10 a.m.
211 Morning Announcements. Sandy Triplett, ThyCa Volunteer. North Shore B Ballroom
SATURDAY ...9:15 - 10:30 a.m.

221 Ask a Doctor about Surgical Issues Including Additional Surgery of the Neck and Lymph Nodes, Parathyroid Issues, and Minimizing Scarring. David Myssiorek, M.D., Surgeon. *North Shore B Ballroom*

222 The Challenges Associated with Building Upon the Current Success in the Treatment of Medullary Thyroid Cancer. Robert F. Gagel, M.D., Endocrinologist. *Newburyport*

223 Questions About Pregnancy and Parenting When Dealing with Thyroid Cancer.
Stephanie Lee, M.D., Ph.D., Endocrinologist. *North Shore C Ballroom*

224 Pain Management and Palliative Care: Clinical, Legal, and Ethical Issues in Managing Chronic or Severe Pain. Zahid H. Bajwa, M.D., Anesthesiologist and Neurologist. *Gloucester*


226 Anaplastic Thyroid Cancer, New Treatments on the Horizon. R. Michael Tuttle, M.D., Endocrinologist. *Marblehead B*

10:45 a.m. - 12:00 p.m.

231 Chronic Complications after Radioactive Iodine. Stephanie Lee, M.D., Ph.D., Endocrinologist and Marie T. Sullivan, R.N., M.S.N., CRRN, Vice President for Patient Services of Northeast Rehab. *North Shore B Ballroom*

232 Medullary Thyroid Cancer: Medullary Thyroid Cancer Guidelines. Janis I. Halzel, Pharm.D., ThyCa Volunteer. *Newburyport*

233 Ask a Doctor: Your Questions About Thyroid Cancer. Gilbert H. Daniels, M.D., Endocrinologist. *North Shore C Ballroom*

234 Anaplastic Thyroid Cancer: Treatment, Research, Clinical Trials. Julie Ann Sosa, M.D., M.A., Surgeon. *Gloucester*

235 Free Reiki Sessions. 15 minutes each. Betty Solbjor, other Reiki Practitioners. No signup. Just walk in. *Marblehead A*

236 Pediatric Thyroid Cancer: Answering Your Questions. R. Michael Tuttle, M.D., Endocrinologist. *Marblehead B*

237 Art Therapy for Survivors and Friends. Rita Banach, BSc., DSc., DTATI. Participants will create simple paintings and may (if they choose to) explore issues in regards to thyroid cancer. Artistic skills not necessary. Limited to 12 participants. No advance registration. *Attendees must arrive within the first 10 minutes of the session. Manchester*
SATURDAY...12:15 - 12:50 p.m. Lunch and Learn Roundtables. Bring your lunch.


242 Medullary Thyroid Cancer: A Report from the American Cancer Society on Research Funded. Charles Saxe, Ph.D. Newburyport


244 Roundtable for People with Advanced Metastatic Papillary/Follicular or Medullary Thyroid Cancer: Coping with Side Effects When Taking New Targeted Drugs, Living With Advanced Thyroid Cancer. Rick Abrams and Jo Walker, ThyCa Volunteers. Gloucester

245 Volunteering: Roundtable for Prospective and New ThyCa Volunteers. Joel Amromin, ThyCa Volunteer, and Gary Bloom, ThyCa Executive Director. Marblehead A

247 Continuation and Wrap-Up of Art Therapy Session 237. Manchester

SATURDAY...1:00 - 2:15 p.m.


252 Medullary Thyroid Cancer: Non-Surgical Approaches to Systemic Treatment. R. Michael Tuttle, M.D., Endocrinologist. Newburyport


254 Roundtable for Prospective Support Group Facilitators. Sandy Triplett, Director of Support Groups. Gloucester

255 Ask a Doctor: Managing Thyroid Cancer for those Diagnosed Before Age 18 or as Young Adults. Paul R. Krakovitz, M.D., Otolaryngologist. Marblehead A

256 Discussion About Anaplastic Thyroid Cancer, Including Treatment Options and Considering a Clinical Trial. Clayton and Rose Twigg, ThyCa Volunteers. Marblehead B

257 Roundtable: Coping with Multiple Health Issues At the Same Time. Leah Guljord and other ThyCa Volunteers. Manchester
SATURDAY …2:30 - 3:45 p.m.
262 Medullary Thyroid Cancer: Highlights of Medullary Thyroid Cancer News from 2009 Conferences and Publications. Janis I. Halzel, Pharm.D., ThyCa Volunteer. Newburyport
264 Ask a Doctor: Questions about Papillary/Follicular Thyroid Cancer. Beatriz Tendler, M.D., Endocrinologist. Gloucester
265 Pediatric Thyroid Cancer: Answering Your Questions. Stephen Huang, M.D., Endocrinologist. Marblehead A
266 Roundtable: If You're New To Thyroid Cancer. Michael Dubrow and Pat Paillard, ThyCa Volunteers. Marblehead B

4:00 - 5:15 p.m.
271 Ask a Doctor About Voice Issues: Causes, Prevention, Solutions. David Myssiorek, M.D., Otolaryngologist. North Shore B Ballroom
272 Medullary Thyroid Cancer: An Interactive Discussion About Symptoms, and Treatments that Have Helped. Patti Malloy, ThyCa Volunteer. Newburyport
273 Ask a Doctor: Your Questions About Thyroid Cancer. Beatriz Tendler, M.D., Endocrinologist. North Shore C Ballroom
274 Before and After Receiving Radioactive Iodine(I-131). Donald Margouleff, M.D., Nuclear Medicine Physician, and, Karen Ferguson and Evelyn Gross, ThyCa Volunteers. Topics will include discussions with your doctor, coping with hypothyroidism or receiving Thyrogen, easy tips for the low-iodine diet, planning time off, and coping after RAI in the hospital or at home. Gloucester
275 Roundtable for Current Local ThyCa Support Group Facilitators. Sandy Triplett, Director of Support Groups. Marblehead A

6:00 - 9:00 p.m.
ThyCa Dinner/Auction to Raise Funds for Thyroid Cancer Research. Grand Ballroom 1 & 2
Sunday, October 18, 2009

8:00 a.m., Registration Desk Opens in Conference Central. North Shore A Ballroom
- Walk-in conference attendees and registrations are welcome. Scholarships are available.
- Lunch options are onsite any time during late morning through mid-afternoon. Get your food before or after “Lunch Hour” to reduce lines during the time of the Lunch and Learn sessions.

8:00 - 9:00 a.m. Early-Bird Sessions
301 Roundtable: Pregnancy and Relationship Issues After a Thyroid Cancer Diagnosis and Surviving Both Thyroid Cancer and Pregnancy. Aime T. Franco, Ph.D., Research Scholar. North Shore B Ballroom
302 Medullary Thyroid Cancer: Non-Systemic, Non-Surgical Treatment Options for Advanced Disease. Bryan McIver, M.B., Ph.D., Endocrinologist. Newburyport
303 Discussion: Managing Your Thyroid Cancer Care and Your Other Medical Care, Including Patient-Physician Communication, Care Coordination, and When and How To Seek a Second Opinion. Christine Ciletti, Mary Van Diepenbos, Mearle Van Diepenbos. ThyCa Volunteers.

North Shore C Ballroom
304 Morning Exercise, Take a Walk for Good Health. Clayton Twigg, ThyCa Volunteer. Gloucester

9:00 - 9:10 a.m.
311 Morning Announcements. Sandy Triplett, ThyCa Volunteer. North Shore B Ballroom

9:15 - 10:30 a.m.
322 Clinical Trial Participants (Including soon-to-be Participants) - Share Problems and Solutions of Participating in a Clinical Study - Costs, Logistics, Side Effects, Communication With Study Staff. Patti Malloy, ThyCa Volunteer. Newburyport
323 Ask a Doctor: Your Questions About Thyroid Cancer. P. Reed Larsen, M.D., Endocrinologist. North Shore C Ballroom
324 Coping Skills: Handling the Emotional and Practical Impacts of a Cancer Diagnosis: Panel. Marie T. Sullivan, R.N. M.S.N., CRRN, Vice President for Patient Services of Northeast Rehab; Henry Fardella, M.Ed., Pastoral Care Coordinator, Northeast Rehabilitation Hospital; and Joan Fardella, M.Ed., Director of Volunteers for Rockingham VNA and Hospice. The discussion will focus on common coping mechanism when dealing with a diagnosis of cancer; methods for relaxation and anxiety relief; and the process of resilience and its benefits for the body, mind, and soul. Gloucester
326 Volunteering for One-To-One Support: Person To Person Network. Peggy Melton, ThyCa Volunteer. Marblehead B
327 Roundtable: Pediatric and Young People’s Thyroid Cancer. Tom Engle, ThyCa Volunteer. Manchester
SUNDAY ...10:45 a.m. - 12:00 p.m.
331 Ask a Doctor: Thyroid Surgery, Vocal Cord Paralysis, and Nerve Monitoring.  
Sareh Parangi, M.D., Surgeon. North Shore B Ballroom

332 Medullary Thyroid Cancer: Discussion of Clinical Trials and Targeted Therapies.  
Manisha H. Shah, M.D., Oncologist. Newburyport

333 Recreation Therapy and Pet Therapy: Helpful Approaches When Coping with Serious Illness.  
Pamela M. Ayotte, CTRS/L, Recreation Therapist, and Casey McDaniel, B.S., Recreation Therapist. North Shore C Ballroom

334 Pediatric Thyroid Cancer: Answering Your Questions. Andrew J. Bauer, M.D., Endocrinologist. Gloucester

335 Roundtable: Anaplastic Thyroid Cancer, What We Learned This Weekend. Rose Twigg, ThyCa Volunteer. Marblehead A

336 Getting Involved: Volunteering and Becoming Active in ThyCa. Joel Amromin, ThyCa Volunteer, and Gary Bloom, ThyCa Executive Director. Marblehead B

12:10 - 12:40 p.m.  Lunch and Learn Roundtables. Bring your lunch.
341 Choosing a Clinical Trial: The Patient's Perspective on What To Consider. Patti Malloy, Clayton Twigg, and Rose Twigg, ThyCa Volunteers. North Shore B Ballroom

342 Roundtable: Medullary Thyroid Cancer. Help us help each other. What stands out as something that really helped you? Or areas where you would have liked more help? Mary Seemueller, ThyCa Volunteer. Newburyport


344 Roundtable: Strengthening Patient-Physician Communications. Roselle Kovitz, ThyCa Volunteer. Gloucester

345 Fundraising for Research: Moving Toward Our Dream of Cures for All Thyroid Cancer.  
Gary Bloom, ThyCa Executive Director, and Sherryl Pascal, Mrs. New Jersey Globe 2009. Marblehead A

346 Young Adults Roundtable: Challenges of Coping with Thyroid Cancer as a Young Adult. Tom Engle, ThyCa Volunteer. Marblehead B

12:45 - 2:00 p.m.
351 Targeted Therapy for Metastatic Thyroid Cancer. Yariv Houvras, M.D., Oncologist. North Shore B Ballroom

352 Roundtable: Getting Involved, Volunteering for ThyCa. Gary Bloom, ThyCa Executive Director. Newburyport

353 Novel Diagnostic Techniques in Thyroid and MicroRNA Models; Moving from the Laboratory into the Clinic. Jennifer Rosen, M.D., Surgeon. North Shore C Ballroom
SUNDAY … 2:15 - 3:00 p.m.

361 Roundtable: Papillary and Follicular Thyroid Cancer. Christine Ciletti and Evelyn Gross. ThyCa Volunteers. *North Shore B Ballroom*

362 Roundtable: Medullary Thyroid Cancer. Mary Seemueller, ThyCa Volunteer. *Newburyport*

363 Roundtable: Papillary and Follicular Thyroid Cancer. Karen Ferguson, ThyCa Volunteer. *North Shore C Ballroom*

364 Roundtable: Anaplastic Thyroid Cancer. Clayton Twigg and Rose Twigg, ThyCa Volunteers. *Gloucester*

3:00 - 3:30 p.m.

371 Conference Wrap-Up; Your Feedback and Suggestions for Next Year.

Conference Team. *North Shore B Ballroom*

*Thank you for coming! We hope to see you in the coming year!*