Saturday, June 22, 2013 — 12th Annual Thyroid Cancer Survivors’ Mid-Atlantic Workshop

Program Schedule

8:00 – 8:45 a.m.
Registration, Resource Tables, & Roundtables Open
Roundtable: Survivors & Caregivers. Sheldon Lehner. Auditorium AC

8:45 – 9:00 a.m.
Welcome. Sara Brenner. Auditorium AC

9:00 – 9:30 a.m.
Roundtable: Tips for Coping When Newly Diagnosed and in Your First Years Living with Thyroid Cancer. Ronni Emden and Cal Pierce. Auditorium AC
Roundtable: Doctor-Patient Communications. Sara Brenner and Sheldon Lehner. Auditorium B

9:30 – 9:40 a.m. Break

9:40 – 10:45 a.m.
Papillary and Follicular Thyroid Cancer Care: Overview and How Your Treatment and Follow-Up Are Tailored to Different Risk Levels. Paul W. Ladenson, M.D., Endocrinologist. Auditorium AC
Roundtable: Questions and Points To Consider When Exploring Clinical Trials. Cherry Wunderlich. Auditorium B

10:45 – 10:55 a.m. Break

10:55 a.m. – 12:00 noon
Ask a Thyroid Surgeon: Partial vs. Total Thyroidectomy, Voice Issues, Neck Dissection, Repeat Surgery, Surgery Preparation and Recovery. Nancy Carroll, M.D., Endocrine Surgeon. Auditorium AC
Roundtable: How We Cope Constructively With Stress and Fears Around a Cancer Diagnosis, Treatment, and Testing. Ronni Emden, L.C.S.W.-C. Auditorium B
Ask About ThyCa: Thyroid Cancer Survivors’ Association and Getting Involved. Gary Bloom. Auditorium D

12:00 noon – 12:10 p.m. Break

12:10 – 12:40 p.m. Break, plus Lunch and Learn Sessions
(Get your lunch anytime during the morning and bring it to the session)
Roundtable: This Year’s Conference in Philadelphia, What Is It Like, What Are the Benefits of Attending? Gary Bloom. Auditorium AC
Roundtable: Sharing Experiences with Coping with Thyroid Cancer. Sheldon Lehner and Katherine Silkin. Auditorium B

12:40 – 12:50 p.m. Break

12:50 – 1:50 p.m.
Managing Your Thyroid Hormone Replacement and Potential Medication Interactions and Side Effects. Kathleen Pincus, Pharm.D., B.C.P.S., Pharmacist. Auditorium AC
Roundtable: Survivors and Caregivers, a Discussion about Doctor-Patient Communications. Gloria Keller and Katherine Silkin. Auditorium B

1:50 – 2:00 p.m. Break

2:00 – 3:05 p.m.
Questions and Answers about I-131 Therapy, and Different Types of Follow-up Imaging. Douglas Van Nostrand, M.D., Nuclear Medicine Physician. Auditorium AC
Roundtable: Living with Thyroid Cancer Over the Long Term. Gloria Keller. Auditorium B
Ask About ThyCa: Thyroid Cancer Survivors’ Association and Getting Involved. Cherry Wunderlich. Auditorium D

3:05 – 3:15 p.m. Break

3:15 – 4:20 p.m.
A Discussion About Thyroid Hormone Therapy for Thyroid Cancer Patients. Priya Kundra, M.D., Endocrinologist. Auditorium AC
Complementary Approaches and Integrative Health Care: Sharing Our Experiences. Cal Pierce and Vanda White. Auditorium B

4:20 – 4:30 p.m. Break

4:30 – 5:00 p.m.
The Questions You Haven’t Asked Yet About Your Thyroid Cancer, plus Workshop Feedback. Gary Bloom. Auditorium AC
Thank You to our Speakers…
Nancy Carroll, M.D., Endocrine Surgeon, MedStar Washington Hospital Center, Washington, D.C.
Priya Kundra, M.D., Endocrinologist, MedStar Washington Hospital Center, Washington, D.C.
Paul W. Ladenson, M.D., Endocrinologist, The Johns Hopkins Medical Institutions, Baltimore, MD
Kathleen Pincus, Pharm.D., B.C.P.S., Pharmacist, University of Maryland School of Pharmacy, Baltimore, MD
Douglas Van Nostrand, M.D., Nuclear Medicine Physician, MedStar Washington Hospital Center, Washington, D.C.

Thank You to our Workshop Organizers and Volunteers
• ThyCa Support Groups in Baltimore, Northern Virginia, Rockville, and Washington, DC (Silver Spring): Gary Bloom (ThyCa Executive Director), Simone Bloom, Sara Brenner, Ronni Emden, Gloria Keller, Sheldon Lehner, Cal Pierce, Katherine Silkin, Barbara Statis, Vanda White, and Cherry Wunderlich.
• Plus numerous “unseen” ThyCa Volunteers around the country who helped: Toll-Free Number Team, E-Mail Team, and more

Special Thanks to...
Holy Cross Hospital • American Thyroid Association • Genzyme Therapeutics

How To Help — Visit www.thyca.org for details
• Give Thyroid Cancer Awareness brochures to your friends and relatives.
• Become a ThyCa Volunteer — New volunteers welcome at any time
• Become a ThyCa Member — One year $25, 2 years $45, Lifetime $225
• Donate to ThyCa’s Rally for Research for Thyroid Cancer Research
• Support Thyroid Cancer Awareness Month — each September, worldwide.
Sponsored by ThyCa

Welcome to the
Thyroid Cancer Survivors’
12th Mid-Atlantic Workshop
Saturday, June 22, 2013
FREE
8 a.m. - 5 p.m.
Holy Cross Hospital, Education Center off Main Lobby
1500 Forest Glen Road, Silver Spring, MD

Sponsored by

ThyCa: Thyroid Cancer Survivors’ Association, Inc.
www.thyca.org
A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.
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