

# FREE Public Health Forum

Thyroid Experts from the American Thyroid Association and thyroid patients join together to inform the general public, other thyroid patients, and their friends and families about:

## Thyroid Disease and You



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AMERICAN  
THYROID  
ASSOCIATION

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FOUNDED 1923

Concerned about low energy?...Memory loss?...Fatigue?...  
Depression? ...Rapid heart beat?...Restlessness?...Infertility?...  
Weight or hair changes?... A lump on your neck?... Could it be  
your thyroid?

**Saturday, October 19, 2013**

1:00 pm – 3:00 pm

San Juan, Puerto Rico

Sheraton Puerto Rico Hotel and Casino

200 Convention Center Boulevard, San Juan, Puerto Rico 00907

Phone: 787-993-3500

**Physician experts will discuss thyroid disorders.**

This program is free and all are welcome, including walk-in-attendees. Reservations are encouraged to ensure we have enough seating. For more information and to register, please e-mail ThyCa at [thyca@thyca.org](mailto:thyca@thyca.org).

**Who should attend?**

Anyone who has had an overactive or underactive thyroid, thyroiditis, a thyroid nodule, thyroid cancer, or a family history of thyroid problems or related disorders, including rheumatoid arthritis, juvenile diabetes, pernicious anemia, or prematurely gray hair (starting before age 30) Please come if you have questions, symptoms, or concerns about a thyroid problem. Receive free educational materials.

**Reservations requested. Walk-ins welcome.**

E-mail [thyca@thyca.org](mailto:thyca@thyca.org) to RSVP

(Please indicate in your message the thyroid condition you are most concerned about.)

*Online educational information for patients is provided by all members of the ATA Alliance for Patient Education co-sponsoring this forum: ThyCa: Thyroid Cancer Survivors' Association, Graves' Disease and Thyroid Foundation, Light of Life Foundation, Thyroid Cancer Canada and Thyroid Federation International. Go online to [www.thyroid.org](http://www.thyroid.org) and click on "Public and Patients" to access the resources you need.*