

You're invited to attend the Newfoundland and Labrador



Thyroid Cancer Workshop/Information Day

Come hear presentations by physician specialists and a dietitian. Receive answers to your questions. Learn and share with others coping with thyroid cancer. This free day is for people at all phases of testing, treatment, and follow-up for thyroid cancer. We also welcome caregivers, friends, health care professionals, and everyone interested.

FREE

Saturday, May 28, 2011 — 8:30 a.m. - 3:15 p.m.

St. John's, Newfoundland and Labrador

Eastern Health, Conference Room C - Administrative Offices
306 Waterford Bridge Road, St. John's, Newfoundland and Labrador

• **Program Schedule — You may come for all or part of this free day**

8:30-9:00 a.m. Registration

9:00-9:15 a.m. Welcome – Joanie Bruce, Facilitator

9:15-10:15 a.m. **New Imaging Techniques for the Detection of Thyroid Cancer in Nuclear Medicine.**

Peter Hollett, M.D., FRCPC, Chief, Division of Nuclear Medicine

10:15-10:45 a.m. Nutrition Break

10:45-11:45 a.m. **New Guidelines From the American Thyroid Association – Individualized Treatment and Follow-up Using Staging and Prognostic Systems.** Vikram Chandurkar, M.D., FRCPC, Assistant Professor, Division of Endocrinology

11:45-12:30 p.m. L U N C H – tea, coffee and sandwiches provided

12:30-1:30 p.m. **Nutrition, Low Iodine Diet, & Thyroid Cancer.** Gerri Anne Devereaux, Dietitian

1:30-3:00 p.m. **Roundtable: Challenges of Coping with Thyroid Cancer and Handling Full Time Work, Family Responsibilities, or Both.** Joanie Bruce, Ida Marrie, & Grace Dean, ThyCa Newfoundland and Labrador Thyroid Cancer Support Group

3:00 -3:15 p.m. Wrap-up – feedback and suggestions

• **Plus Resource Tables** with free educational and support materials.

• **Register** either online on www.thyca.org, or onsite on the day of the workshop, or use the form below. We encourage you to register early, so we can plan the seating and the room. We also welcome walk-in attendees.

• **Driving directions** and a map are available on the web site of the ThyCa Newfoundland and Labrador Support Group (<http://www.thyca.org/sg/nf-lab.htm>)

• **For more information**, e-mail nf-lab@thyca.org or call Joanie Bruce 709-227-2784 or Ida P. Marrie 709-726-1125

Organized and Hosted by the ThyCa Newfoundland and Labrador Thyroid Cancer Support Group

ThyCa: Thyroid Cancer Survivors' Association, Inc.SM

www.thyca.org A nonprofit 501 (c)(3) organization of thyroid cancer survivors, family members, and health care professionals. E-mail: thyca@thyca.org • PO Box 1545, New York, NY 10159-1545 • Toll-Free: 1-877-588-7904

Please tell others about this free event. Help spread the word — share, post, copy this flyer.

To help us plan for the appropriate number, please either register online on www.thyca.org, or else complete and send the registration form below (preferably by **May 20, 2010**) to: **Joanie Bruce, ThyCa Newfoundland & Labrador Support Group Facilitator**, P. O. Box 101, Jerseyville, NL AOB 2G0

Name: _____

Address: _____

E-mail: _____ Telephone #: _____

Or register by e-mail @: nf-lab@thyca.org

or by calling Joanie @ 709 227-2784, Ida @ 709-726-1125, or Grace @709-753-3994