

# Saturday, June 22, 2013 – 12<sup>th</sup> Annual Thyroid Cancer Survivors' Mid-Atlantic Workshop

## *Program Schedule*

**8:00 – 8:45 a.m.**

**Registration, Resource Tables, & Roundtables Open**

**Roundtable: Survivors & Caregivers.** Sheldon Lehner. *Auditorium AC*

**8:45 – 9:00 a.m.**

**Welcome.** Sara Brenner. *Auditorium AC*

**9:00 – 9:30 a.m.**

**Roundtable: Tips for Coping When Newly Diagnosed and in Your**

**First Years Living with Thyroid Cancer.** Ronni Emden and

Cal Pierce. *Auditorium AC*

**Roundtable: Doctor-Patient Communications.** Sara Brenner and

Sheldon Lehner. *Auditorium B*

**9:30 – 9:40 a.m. Break**

**9:40 – 10:45 a.m.**

**Papillary and Follicular Thyroid Cancer Care: Overview and How Your Treatment and Follow-Up Are Tailored to Different Risk Levels.** Paul W. Ladenson, M.D., Endocrinologist. *Auditorium AC*

**Roundtable: Questions and Points To Consider When Exploring Clinical Trials.** Cherry Wunderlich. *Auditorium B*

**10:45 – 10:55 a.m. Break**

**10:55 a.m. – 12:00 noon**

**Ask a Thyroid Surgeon: Partial vs. Total Thyroidectomy, Voice Issues, Neck Dissection, Repeat Surgery, Surgery Preparation and Recovery.** Nancy Carroll, M.D., Endocrine Surgeon.

*Auditorium AC*

**Roundtable: How We Cope Constructively With Stress and Fears**

**Around a Cancer Diagnosis, Treatment, and Testing.**

Ronni Emden, L.C.S.W.-C. *Auditorium B*

**Ask About ThyCa: Thyroid Cancer Survivors' Association and Getting Involved.** Gary Bloom. *Auditorium D*

**12:00 noon – 12:10 p.m. Break**

**12:10 – 12:40 p.m. Break, plus Lunch and Learn Sessions**

(Get your lunch anytime during the morning and bring it to the session)

**Roundtable: This Year's Conference in Philadelphia, What Is It Like, What Are the Benefits of Attending?** Gary Bloom.

*Auditorium AC*

**Roundtable: Sharing Experiences with Coping with Thyroid Cancer.** Sheldon Lehner and Katherine Silkin. *Auditorium B*

**12:40 – 12:50 p.m. Break**

**12:50 – 1:50 p.m.**

**Managing Your Thyroid Hormone Replacement and Potential Medication Interactions and Side Effects.**

Kathleen Pincus, Pharm.D., B.C.P.S., Pharmacist. *Auditorium AC*

**Roundtable: Survivors and Caregivers, a Discussion about Doctor-Patient Communications.** Gloria Keller and Katherine Silkin.

*Auditorium B*

**1:50 – 2:00 p.m. Break**

**2:00 – 3:05 p.m.**

**Questions and Answers about I-131 Therapy, and Different Types of Follow-up Imaging.** Douglas Van Nostrand, M.D., Nuclear Medicine Physician. *Auditorium AC*

**Roundtable: Living with Thyroid Cancer Over the Long Term.**

Gloria Keller. *Auditorium B*

**Ask About ThyCa: Thyroid Cancer Survivors' Association and**

**Getting Involved.** Cherry Wunderlich. *Auditorium D*

**3:05 – 3:15 p.m. Break**

**3:15 – 4:20 p.m.**

**A Discussion About Thyroid Hormone Therapy for Thyroid Cancer Patients.** Priya Kundra, M.D., Endocrinologist.

*Auditorium AC*

**Complementary Approaches and Integrative Health Care: Sharing Our Experiences.** Cal Pierce and Vanda White. *Auditorium B*

**4:20 – 4:30 p.m. Break**

**4:30 – 5:00 p.m.**

**The Questions You Haven't Asked Yet About Your Thyroid**

**Cancer, plus Workshop Feedback.** Gary Bloom. *Auditorium AC*

### ***Thank You to our Speakers...***

- Nancy Carroll, M.D.**, Endocrine Surgeon, MedStar Washington Hospital Center, Washington, D.C.
- Priya Kundra, M.D.**, Endocrinologist, MedStar Washington Hospital Center, Washington, D.C.
- Paul W. Ladenson, M.D.**, Endocrinologist, The Johns Hopkins Medical Institutions, Baltimore, MD
- Kathleen Pincus, Pharm.D., B.C.P.S.**, Pharmacist, University of Maryland School of Pharmacy, Baltimore, MD
- Douglas Van Nostrand, M.D.**, Nuclear Medicine Physician, MedStar Washington Hospital Center, Washington, D.C.

### ***Thank You to our Workshop Organizers and Volunteers***

- *ThyCa Support Groups in Baltimore, Northern Virginia, Rockville, and Washington, DC (Silver Spring):* Gary Bloom (ThyCa Executive Director), Simone Bloom, Sara Brenner, Ronni Emden, Gloria Keller, Sheldon Lehner, Cal Pierce, Katherine Silkin, Barbara Statas, Vanda White, and Cherry Wunderlich.
- Plus numerous “unseen” ThyCa Volunteers around the country who helped: Toll-Free Number Team, E-Mail Team, and more

### ***Special Thanks to...***

Holy Cross Hospital • American Thyroid Association • Genzyme Therapeutics

### ***How To Help — Visit [www.thyca.org](http://www.thyca.org) for details***

- Give Thyroid Cancer Awareness brochures to your friends and relatives.
- Become a ThyCa Volunteer — New volunteers welcome at any time
- Become a ThyCa Member — One year \$25, 2 years \$45, Lifetime \$225
- Donate to ThyCa's Rally for Research for Thyroid Cancer Research
- Support **Thyroid Cancer Awareness Month** — each September, worldwide. Sponsored by ThyCa

Come to the **16th International Thyroid Cancer Survivors' Conference • September 27-29, 2013 • Philadelphia, Pennsylvania**

*Welcome to the*

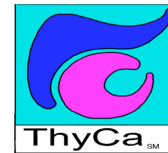
# **Thyroid Cancer Survivors' 12th Mid-Atlantic Workshop**

**Saturday, June 22, 2013**

**FREE**

**8 a.m. - 5 p.m.**

Holy Cross Hospital, Education Center off Main Lobby  
1500 Forest Glen Road, Silver Spring, MD



*Sponsored by*

**ThyCa: Thyroid Cancer Survivors' Association, Inc.<sup>SM</sup>**

**[www.thyca.org](http://www.thyca.org)**

*A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.  
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