

Saturday, May 20, 2017 — Thyroid Cancer Survivors' New York Workshop

Program Schedule

8:30 a.m. – 9:15 a.m.

Registration, Displays, Informal Conversation

9:15 – 9:45 a.m.

Welcome and Getting Acquainted

Abby & Miguel Melendez, Support Group Facilitators of ThyCa Long Island

9:45 – 10:45 a.m.

Basics of Thyroid Disease. Stuart Weinerman, M.D.,
Endocrinologist, North Shore University Hospital

10:45 – 11:45 a.m.

Ask a Nuclear Medicine Doctor. Gene Tronco, M.D., Nuclear
Medicine Physician, North Shore University Hospital

11:45 a.m. – 12:15 p.m. Lunch Break

(Get your lunch anytime in the morning and bring it to a session.
There is an Au Bon Pain Café located in the main lobby).

12:15 a.m. – 1:15 p.m.

The Development of Thyroid Imaging With Radioisotopes.

Donald Margouleff, M.D. Nuclear Medicine Emeritus North Shore
University Hospital

1:15 – 2:15 p.m.

Voice Issues Post Thyroidectomy

David Myssiorek, M.D., Head & Neck Surgical
Oncologist/E.N.T., Jacobi Medical Center

2:15 – 3:15 p.m. Mindfulness for Stress Reduction

Deborah DeBetta, Mind-Body Educational Consulting and 200hr
Yoga Instructor

3:15 – 4:15 p.m.

Things I Wish I Had Asked My Doctor (But Were Afraid to Ask). David Myssiorek, M.D., Head & Neck Surgical
Oncologist/E.N.T., Jacobi Medical Center

4:15 – 5:00 p.m.

Workshop Feedback, and Drawing for Prizes. Thanks for attending!

Thank You to our Speakers...

Donald Margouleff, M.D., Nuclear Medicine Physician Emeritus,
North Shore University Hospital, Manhasset, NY; ThyCa Medical
Advisor

David Myssiorek, M.D., Head & Neck Surgical Oncologist-
Otolaryngologist/ENT, Jacobi Medical Center, Bronx, NY;
ThyCa Medical Advisor

Gene Tronco, M.D., Nuclear Medicine Physician, North Shore
University Hospital, Manhasset, NY, and Long Island Jewish
Medical Center, New Hyde Park, NY

Stuart Weinerman, M.D., Endocrinologist, North Shore University
Hospital, Manhasset, NY, and Long Island Jewish Medical
Center, New Hyde Park, NY

Deborah DeBetta, Creator/Founder of Mind Body Education and
Mindfulness Based Physical Education

Thank You to our Workshop Organizers and Volunteers

ThyCa Long Island Support Group, Esther Cimitile, Jeannette Landi, Joshua Melendez, Sioux Sciacca, Phyllis Smolanick

Special Thanks to ...

- Donald Margouleff, M.D. who has sponsored us and secured a location for our monthly ThyCa Long Island support meetings for 15 years!
- May Liu, Chief Technologist of Nuclear Medicine at North Shore University Hospital
- Northwell at North Shore University Hospital
- Philip Drew & Miguel Parada
- Barbara Messeder from the American Cancer Society
- Tony Sena, Clinical Science Associate, Sanofi Genzyme
- AbbVie
- Costco
- Panera Bread
- Target
- Trader Joe's

How To Help — Visit www.thyca.org for details

- Give Thyroid Cancer Awareness brochures to your friends and relatives.
- Become a ThyCa Volunteer: Volunteers welcome at any time
- Become a ThyCa Member: 1 year \$25, 2 years \$45, Lifetime \$225
- Walk With Us, May 14-21
- Donate to ThyCa's Rally for Research for Thyroid Cancer Research
- Support Thyroid Cancer Awareness Month — each September, worldwide. Sponsored by ThyCa

Come to the **20th International Thyroid Cancer Survivors' Conference • October 6-8, 2017 • Linthicum Heights, Maryland**

Welcome to the

Thyroid Cancer Survivors' New York Workshop

Saturday, May 20, 2017

FREE

8:30 a.m. - 5:00 p.m.

North Shore University Hospital/Northwell Health
300 Community Drive, Manhasset, NY
Tower Pavilion, First Floor, TCR #3 – Tower Conference Room



Sponsored by

**ThyCa: Thyroid Cancer
Survivors' Association, Inc.SM**

www.thyca.org

A nonprofit 501(c)(3) organization of thyroid cancer survivors, family members, and health care professionals.

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